

TANITA

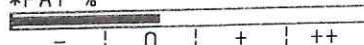
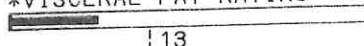
BODY COMPOSITION
ANALYZER
BC-420MA

05/SEP/2023 16:24
SERIAL No. 00000004

INPUT	
BODY TYPE	STANDARD
GENDER	MALE
AGE	56
HEIGHT	176 cm
CLOTHES WEIGHT	0.5kg

RESULT	
WEIGHT	89.7kg
FAT %	16.1 %
FAT MASS	14.4kg
FFM	75.3kg
MUSCLE MASS	71.6kg
TBW	55.0kg
TBW %	61.3 %
BONE MASS	3.7kg
BMR	9083 kJ
	2171kcal
METABOLIC AGE	41
VISCERAL FAT RATING	9
BMI	29.0
IDEAL BODY WEIGHT	
	68.1kg
DEGREE OF OBESITY	31.7 %

DESIRABLE RANGE	
FAT %	11.0-21.9 %
FAT MASS	9.3-21.1kg

INDICATOR	
*FAT %	
	- 0 + ++
*BMI	
	- 0 + ++
*VISCERAL FAT RATING	
	13
*MUSCLE MASS	
	- 0 +
*BMR	
	- 0 +
*IMPEDANCE	268.8 Ω