

Dr Carmen Abaffy

INSTANTSCRIPTS
LEVEL 19
644 CHAPEL STREET
SOUTH YARRA VIC 3141

Heath WHALEY

Lab ID : 851216535 Your Ref : 51672412704

24 Goodin Rd
Baulkham Hills 2153

Requested : 19/04/2024
Collected : 19/04/2024 13:33
Received : 19/04/2024 13:33
Printed : 19/04/2024 21:03

DOB : 15/01/1982 (42 Yrs)
Sex : Male
Ph : 0425340010

Lipids and HDL

Status	Fasting		
Cholesterol	4.8	mmol/L	(< 5.5)
Triglycerides	0.6	mmol/L	(< 2.0)
HDL Cholesterol	1.8	mmol/L	(> 1.0)
LDL Cholesterol	2.7	mmol/L	(< 3.0)
Non-HDL Cholesterol	3.0	mmol/L	(< 4.0)

Comment
Please note that the above reference limits are decision limits.
A flag based on these limits is an indication to review the absolute cardiovascular risk for the patient. For assessment of absolute cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine (EFLM) Consensus Statement 2016 and the Australasian Association of Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular disease:

Total cholesterol	< 4.0 mmol/L
Triglyceride	< 2.0 mmol/L
HDL cholesterol	> 1.0 mmol/L
LDL cholesterol	< 2.5 mmol/L (< 1.8 mmol/L for very high risk)
Non-HDL cholesterol	< 3.3 mmol/L (< 2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for any measured lipid components moving towards and beyond the various target levels.

Tests Completed: LFT(s),Chol(s),C(s),UCreat(s),E(s),Glu(p),Phos(s),Trig(s),Lipids HDL(s),Ca(s),Mg(s),FBC(e).
Pending: Iron(s),Vit D(s),TSH(s)
Clinical Notes: NO HISTORY