



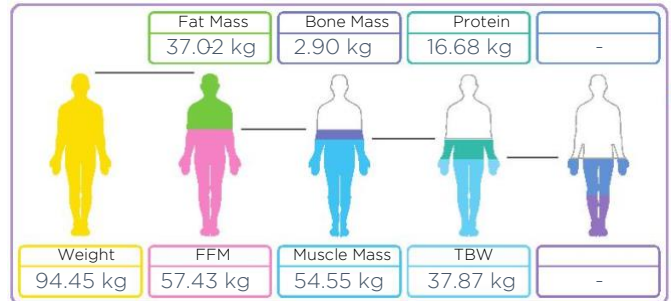
# Body Composition Analyzer

Date 16/5/2024 08:34

|      |          |  |      |        |        |
|------|----------|--|------|--------|--------|
| ID   | 24310543 |  |      |        |        |
| Name | Tanya    |  |      | Height | 163 cm |
| Age  | 45       |  | Type |        | PT     |

## Details

|               | Result   | Normal   | Target |
|---------------|----------|----------|--------|
| Weight        | 94.45 kg | 49-66 kg | -      |
| Fat           | 39.20 %  | 24-36%   | -      |
| Fat Mass      | 37.02 kg |          | -      |
| Fat Free Mass | 57.43 kg |          | -      |
| Muscle Mass   | 54.55 kg |          | -      |
| BMI           | 35.50    | 18.5-25  | -      |
| Metabolic Age | 60.00    |          | -      |

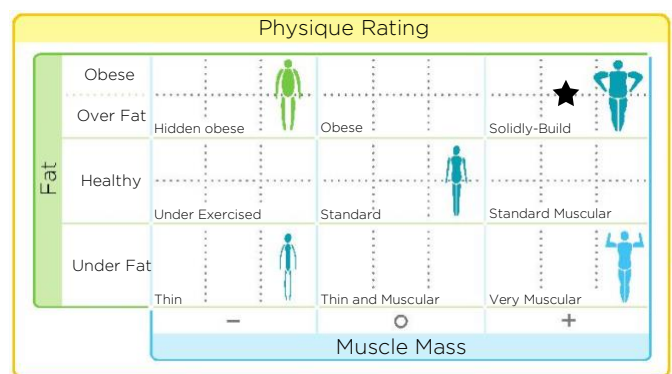


## BMR - Visceral Fat Rating - TBW

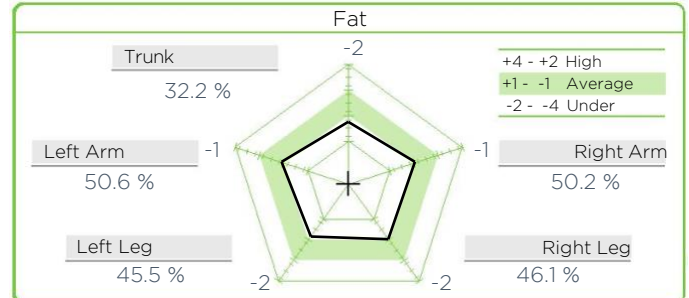
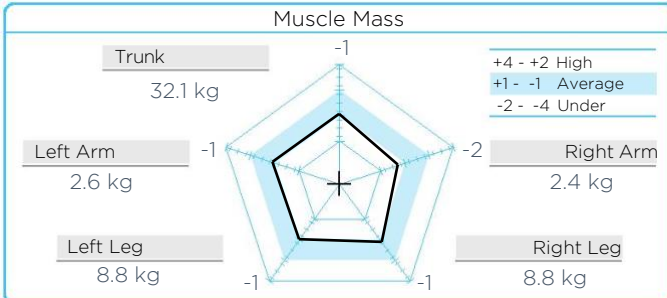
|     |           |  |
|-----|-----------|--|
| BMR | 7293 kJ   |  |
|     | 1743 kcal |  |



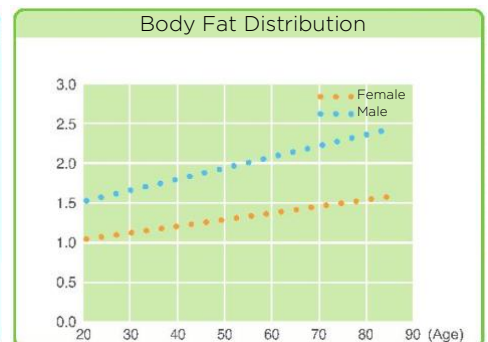
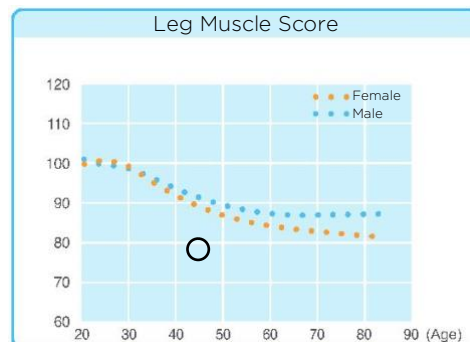
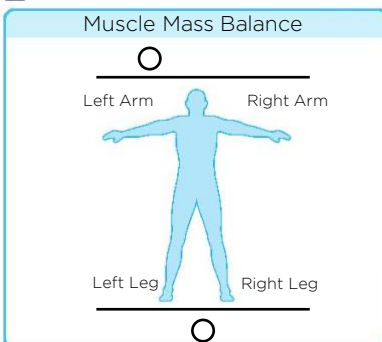
|                  |          |  |
|------------------|----------|--|
| Total Body Water | 40.10%   |  |
|                  | 37.87 kg |  |



## Segmental Analysis



## Balance



## History

|            | Weight | Muscle Mass | Fat in % |
|------------|--------|-------------|----------|
| 16.05.2024 | 94.45  | 54.55       | 39.20    |
| Initial    | 94.45  | 54.55       | 39.20    |



| Recommendations |
|-----------------|
|                 |
|                 |
|                 |
|                 |