

Inner West Allied Health Centre

Suite 5, 267-277 Norton St,
Leichhardt, NSW 2040

Telephone: 0295183400

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Name: Rulli, Melissa
Patient ID:
DOB: 20 April 1980

Sex: Female

Height: 163.0 cm
Weight: 82.0 kg
Age: 43

Referring Physician:

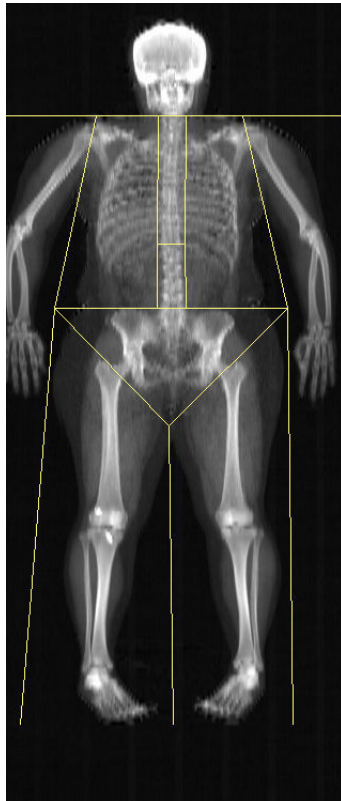
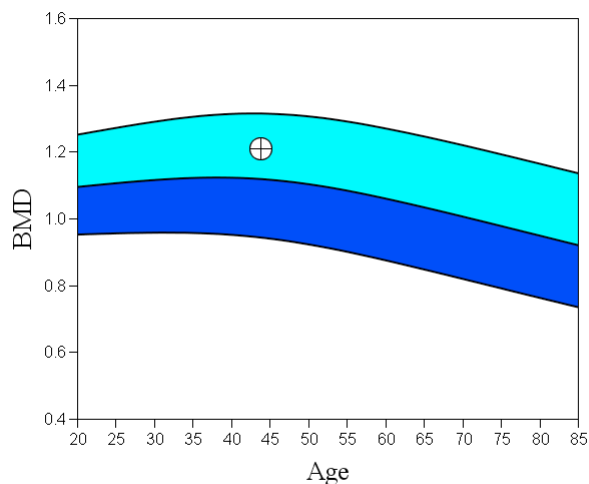


Image not for diagnostic use
k = 1.166, d0 = 48.9
318 x 150
DAP: 19.2 cGy*cm²

Total



Scan Information:

Scan Date: 31 January 2024 ID: A01312403
Scan Type: a Whole Body
Analysis: 31 January 2024 14:53 Version 13.6.0.4:7
Auto Whole Body

Operator:
Model: Horizon W (S/N 201204)
Comment:

DXA Results Summary:

Region	Area (cm ²)	BMC (g)	BMD (g/cm ²)	T - score	Z - score
L Arm	230.02	169.38	0.736		
R Arm	231.22	190.32	0.823		
L Ribs	142.56	109.32	0.767		
R Ribs	198.47	141.00	0.710		
T Spine	148.95	149.12	1.001		
L Spine	64.29	83.43	1.298		
Pelvis	198.07	281.73	1.422		
L Leg	386.16	488.98	1.266		
R Leg	405.73	546.68	1.347		
Subtotal	2005.48	2159.95	1.077		
Head	256.37	578.18	2.255		
Total	2261.85	2738.13	1.211		1.0

Total BMD CV 1.0%, ACF = 1.038, BCF = 1.012

Comment:

T-score vs. White Female. Source:2012 BMDCS/NHANES. Z-score vs. White Female. Source:2012 BMDCS/NHANES.

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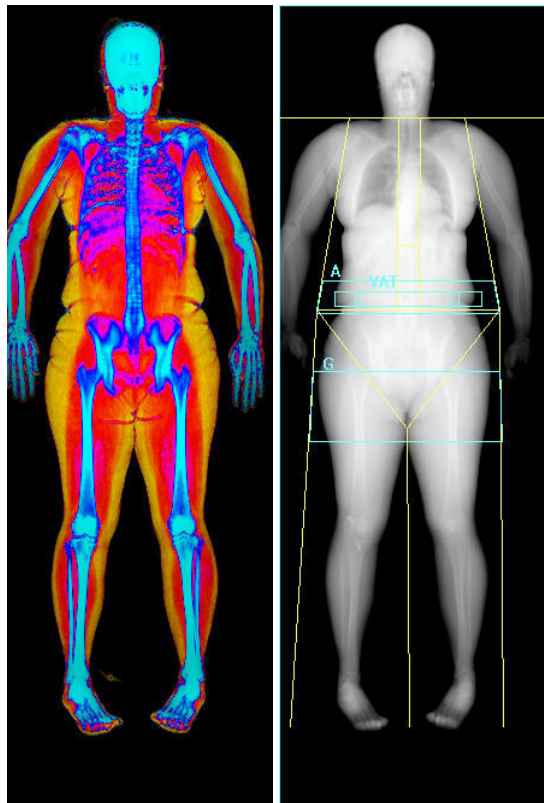
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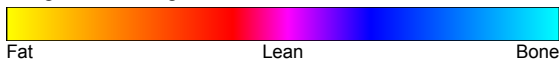
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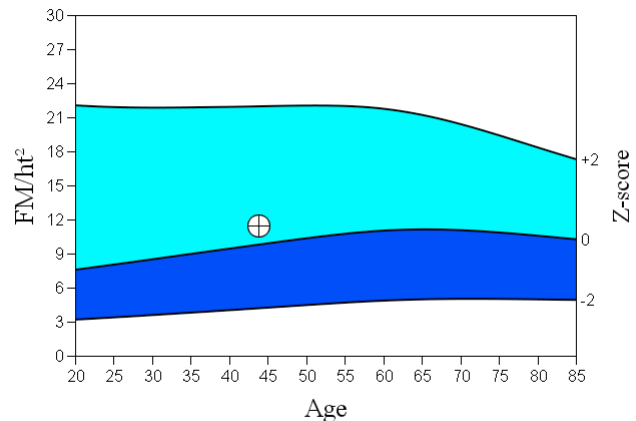
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Images not for diagnostic use

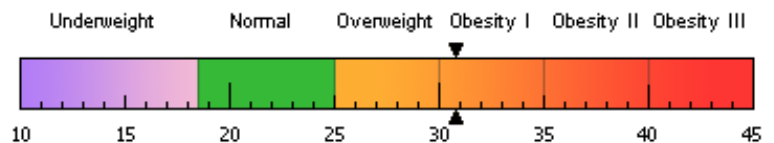


Fat Mass/Height²



Source: NHANES Classic White Female.

World Health Organization Body Mass Index Classification
BMI = 30.9 WHO Classification Obesity I



BMI has some limitations and an actual diagnosis of overweight or obesity should be made by a health professional. Obesity is associated with heart disease, certain types of cancer, type 2 diabetes, and other health risks. The higher a person's BMI is above 25, the greater their weight-related risks.

Body Composition Results

Region	Fat Mass (g)	Lean + BMC (g)	Total Mass (g)	% Fat	% Fat T-score	% Fat Z-score
L Arm	1677	2547	4224	39.7	0.3	-0.1
R Arm	1657	2745	4402	37.6	0.2	-0.3
Trunk	14936	25099	40035	37.3	0.8	0.3
L Leg	5331	8946	14277	37.3	-0.1	-0.4
R Leg	5719	8747	14466	39.5	0.1	-0.2
Subtotal	29321	48085	77406	37.9	0.5	0.1
Head	1077	4095	5172	20.8		
Total	30398	52180	82578	36.8	0.5	0.1
Android (A)	2678	3322	6000	44.6		
Gynoid (G)	5044	8463	13507	37.3		

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Adipose Indices

Measure	Result	T-score	Z-score
Total Body % Fat	36.8	0.5	0.1
Fat Mass/Height² (kg/m²)	11.4	0.7	0.4
Android/Gynoid Ratio	1.20		
% Fat Trunk/% Fat Legs	0.97	1.1	0.7
Trunk/Limb Fat Mass Ratio	1.04	1.1	0.5
Est. VAT Mass (g)	652		
Est. VAT Volume (cm ³)	704		
Est. VAT Area (cm ²)	135		

Lean Indices

Measure	Result	T-score	Z-score
Lean/Height ² (kg/m ²)	18.6	1.0	0.8
Appen. Lean/Height ² (kg/m ²)	8.13	1.0	0.9

Est. VAT = Estimated Visceral Adipose Tissue

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Comment:

DXA Results Summary:

Region	BMC (g)	Fat Mass (g)	Lean Mass (g)	Lean + BMC (g)	Total Mass (g)	% Fat
L Arm	169.38	1677.0	2378.0	2547.4	4224.4	39.7
R Arm	190.32	1657.3	2554.7	2745.0	4402.3	37.6
Trunk	764.59	14936.0	24334.8	25099.4	40035.4	37.3
L Leg	488.98	5331.3	8457.0	8946.0	14277.4	37.3
R Leg	546.68	5719.2	8200.4	8747.1	14466.2	39.5
Subtotal	2159.95	29320.8	45925.0	48084.9	77405.7	37.9
Head	578.18	1076.8	3516.9	4095.1	5171.9	20.8
Total	2738.13	30397.6	49441.9	52180.0	82577.6	36.8

TBAR1904