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# Med History

## General Health Blood Test

MAY 16, 2024

### Pathology Results

> 2024-05-25    THYROID STIMULATING HORM

▼ 2024-05-25    VITAMIN D

LISA MATHEWS  
(F) 1978-03-25

Laboratory: 24-  
AUSTRALIAN 89995213-  
CLINICAL OHD-0  
LABS DR HUGH  
Requested: O'SULLIVAN  
2024-05-25 5544966K  
Collected:  
2024-05-25  
09:11:00

25-hydroxy Vitamin D

**69** nmol/L

Comment: Within normal limits.

INTERPRETATION

**Interpretation:**

Vitamin D deficiency <50  
nmol/L

Severe deficiency <20  
nmol/L

**COMMENT:** Vitamin D  
sufficiency is defined as  
greater than or equal to  
50 nmol/L at the end of  
winter (level may need to  
be 10-20 nmol/L higher at  
the end of summer).

Reference: Position  
Statement. Vitamin D and  
Health in Adults in  
Australia and New  
Zealand. MJA,196(11):  
686-687, 2012.

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25



LISA MATHEWS  
(F) 1978-03-25

Laboratory: 24-  
AUSTRALIAN 89995213-  
CLINICAL ISM-0  
LABS DR HUGH  
Requested: O'SULLIVAN  
2024-05-25 5544966K  
Collected:  
2024-05-25  
09:11:00

Iron

8 umol/L 10.0-30.0 LOW

Transferrin

2.00 g/L 2.10-3.80 LOW

Transferrin Saturation

15 % 15-45

Ferritin

22 ug/L 30-200 LOW

Comment:

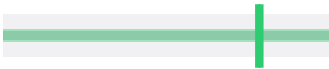

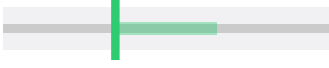
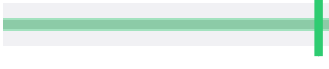
Iron studies are  
consistent with iron  
deficiency.

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LISA MATHEWS  
(F) 1978-03-25

Laboratory: 24-  
AUSTRALIAN 89995213-  
CLINICAL LS-0  
LABS DR HUGH  
Requested: O'SULLIVAN  
2024-05-25 5544966K  
Collected:  
2024-05-25  
09:11:00

Fasting status	Fasting
Total Cholesterol	
4.4 mmol/L	<5.6
Triglycerides	
0.7 mmol/L	<2.1
H.D.L. Cholesterol	
1.1 mmol/L	>1.1
L.D.L. Cholesterol	
3.0 mmol/L	<3.1
Non-HDL Cholesterol	
3.3 mmol/L	<4.1
LDL/HDL Ratio (Risk Factor)	
2.7	
Chol/HDL Ratio (Risk Factor)	
4.0	

Lipid Comment: Interpret in conjunction with other cardiovascular risk factors or treatment targets.

Ref Range Desirable Range (Fasting)

24-89995213-LS-0  
DR HUGH O'SULLIVAN  
5544966K

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Please note, from 27/09/2023, modified lipid  
reference ranges apply.

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› 2024-05- GENERAL CHEMISTRY  
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