



**KYLIE WHYBIRD**  
**22-Jul-1981**      **Female**

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THE MAMAWISE NATUROPATH  
THE MAMAWISE  
NATUROPATH 6163

LAB ID :                    3988443  
UR NO. :                   6273444  
Collection Date :       21-May-2024  
Received Date:          23-May-2024



3988443

**INTEGRATIVE MEDICINE**

URINE, SPOT	Result	Range	Units
<b>URINE IODINE</b>	<b>75</b>		ug/L
<b>Urine Iodine Corrected</b>	<b>65.2</b>		ug/gCR
<b>Urine Iodine Comment</b>			

**RANDOM IODINE COMMENT:**  
Random Iodine levels are expressed as ug Iodine/g Creatinine (to correct for urine concentration), with the following reference ranges (WHO Guidelines);

- >100 ug/gCR      Not Iodine deficient
- 50 - 100 ug/gCR      Mild Iodine deficiency
- 20 - 49 ug/gCR      Moderate Iodine deficiency
- < 20 ug/gCR      Severe Iodine deficiency

Low levels of iodine may lead to hypothyroidism and goitre and in severe cases, intellectual disability.

For High levels of iodine, please correlate clinically. High levels may be due to iodine supplementation and very high levels are seen with patients who have undergone radiological investigations with contrast administration.

<b>Creatinine, Urine Spot.</b>	<b>10.2</b>	<b>2.5 - 19.2</b>	mmol/L	
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Tests ordered: UR-IODINE,IMPEI,uIodEx,usCr