

Report to	<b>HAYNE, LISA</b> Shop 7, 63-65 Maitland St , Narrabri, NSW, 2390	Patient	<b>KRISTY, FARIS</b> 52 GENANAGIE ST NARRABRI NSW 2390				
		Phone	0410043250	Age	44 years	Sex	F
		D.O.B	19/01/1980				
Ref. by/copy to	HAYNE, LISA	Collect date	23/04/2024	Lab ref	24-26780071		
		Collect time	12:00 AM	Your ref			
		Reported	31/05/2024		09:25 AM		
Tests requested	ANE, RT3, UTE, STE, AMH, TFT, COR, DVI, AND, PRL, HOR, VBF, TAA						
Clinical notes							

## REFERENCE REPORT

Attached is a reference report from:  
THE NEW CHILDREN'S HOSPITAL - ANDROSTENEDIONE

### Endocrinology

#### Steroid Metabolism

Androstenedione                      1.9              nmol/L                      [0.9-7.5]

#### Interpretive Data

Reference intervals are for serum/plasma Androstenedione measured by LC-MSMS and were updated February 2019 (Source Pathwest Laboratory Medicine, WA, Australia)

#### Tanner Stage Intervals:

Reference: (ARUP Laboratories, US (www.aruplab.com))

	Female (nmol/L)	Male (nmol/L)
Tanner Stage I	0.17-1.78	0.14-1.12
Tanner Stage II	0.52-4.78	0.28-1.68
Tanner Stage III	1.29-7.92	0.49-3.03
Tanner Stage IV-V	1.22-7.15	0.94-3.73

Referring MRN: 50277216

Serum Reverse T3 (RT3)                      495      pmol/L                      (170-539)

#### SURGERY USE

Normal
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## URINE TRACE METALS

Total Volume Random (RI) BOEL  
 Urine Creatinine 1.9 mmol/L N/A  
 This urine is unusually dilute (creatinine  $\leq$  2.6 mmol/L) which may reflect recent fluid intake and interpretation of results may be affected. A further collection of less dilute urine should be considered (ACGIH).

Urine Iodine (ug/L) 49 ug/L N/A  
 Urine Iodine (Crt corrected) 214 ug/L (> 100)

WHO Criteria for assessing iodine nutrition based on median urinary iodine concentrations in 6 years or older:

- Severe Iodine deficiency : < 20 ug/L
- Moderate Iodine deficiency : 20-49 ug/L
- Mild Iodine deficiency : 50-99 ug/L
- Adequate Iodine intake : 100-199 ug/L
- Iodine intake above requirement : 200-299 ug/L
- Excessive Iodine intake :  $\geq$  300 ug/L

For Pregnant women

- Insufficient Iodine intake : < 150 ug/L
- Adequate Iodine intake : 150-249 ug/L
- Iodine intake above requirement : 250-499 ug/L
- Excessive Iodine intake :  $\geq$  500 ug/L

For Lactating women

- Adequate Iodine intake :  $\geq$  100 ug/L

Urine iodine (creatinine corrected) adjusts the measured result to account for changes in urine concentration. Please note: due to a high variability of an individual's urinary iodine concentration, spot urine iodine concentration is not useful for the diagnosis and treatment of individuals. For more detail refer to:

"[https://apps.who.int/iris/bitstream/handle/10665/85972/WHO\\_NMH\\_NHD\\_EP\\_G\\_13.1\\_eng.pdf](https://apps.who.int/iris/bitstream/handle/10665/85972/WHO_NMH_NHD_EP_G_13.1_eng.pdf)"

BOEL = Biological Occupational Exposure Limit  
 RI = Reference Interval

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**PLASMA TRACE ELEMENTS**

(RI)

Zinc	13.3	umol/L	(10.0-18.0)
Selenium	1.52	umol/L	(0.80-1.90)

RI = Reference Interval

**SURGERY  
USE**

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**ANTI-MULLERIAN HORMONE (AMH)**

Request Number	26780071
Date Collected	23 Apr 24
Time Collected	00:00
Specimen Type: Serum	
AMH	5.0
pmol/L	

PLEASE NOTE: concurrent or recent OCP use can decrease AMH levels significantly, and this may take some time to resolve. A repeat AMH level 6-12 months after ceasing the OCP may be helpful.

Reference Interval:

Female:	
Age Group	AMH (pmol/L)
18-25 years	6.8 - 95.2
26-30 years	1.2 - 52.7
31-35 years	0.5 - 52.5
36-40 years	0.2 - 51.0
41-45 years	0.0 - 23.4
>= 46 years	0.0 - 8.19
Male:	
Age Group	AMH (pmol/L)
>18 years	5.2 - 114.6

Source:  
Demirdjian et. al.  
Clinical Biochemistry, Volume 49, Issues 16.17, Pages 1267-1273.

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## THYROID PROFILE

Specimen Type: Serum

TSH	<b>0.24</b>	mIU/L	(0.5-4.0)
FT4	<b>21</b>	pmol/L	(10-20)
FT3	6.4	pmol/L	(3.5-6.5)

**Please note the above reference intervals have been developed from a non-pregnant healthy general population study.**

## SERUM CORTISOL

Cortisol 322 nmol/L

AM Reference Interval 120-620 nmol/L

PM Reference Interval 100-400 nmol/L

## VITAMIN D

Haemolysis Nil  
Serum 25(OH) Vitamin D 71 nmol/L

Suggested decision limits for Vitamin D status:

Sufficiency	51 -200	nmol/L
Mild deficiency	25 - 50	nmol/L
Marked deficiency	< 25	nmol/L
Toxicity	>250	nmol/L

References: Vitamin D and health in adults in Australia and New Zealand: Position Statement. MJA 2012 June 18; 196(11),686-687.

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SERUM ANDROGENS			
Total Testosterone (Siemens)	0.8	nmol/L	(0.4-1.4)
Sex Hormone Binding Globulin	49	nmol/L	(20-118)
DHEAS	2.8	umol/L	(1.3-6.2)

  

PROLACTIN		
Specimen Type: Serum		
Request Number	Date Collected	Prolactin mIU/L
	Ref Range	(40-570)
26780071	23/04/24	103

  

SERUM HORMONE PROFILE							
Specimen Type: Serum							
Request Number	Date Collected	FSH IU/L	LH IU/L	PROG nmol/L	E2(ATEL) pmol/L	E2(BECK) pmol/L	LH/FSH Ratio
26780071	23 Apr 24	7	3.0	2	174		
Reference Ranges		FSH	LH	PROG	OESTRADIOL		
Follicular		2-12	2-12	0.5-4.5	100-530		
Midcycle		12-30	>15		235-1300		
Luteal		2-12	2-15	10.6-89.1	205-790		
Menopausal		>25	>10		<100		
Prepubertal		<6	<4				

PLEASE NOTE:  
'E2 (ATEL)' - Oestradiol by Siemens Atellica assay  
'E2 (BECK)' - Oestradiol by Beckman Access assay

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## VITAMIN B12 AND FOLATE STUDIES

Active B12 130 pmol/L (> 40)

Serum Active B12 Assay:

This active B12 result indicates that the patient is likely to be vitamin B12 sufficient. Patients with renal impairment may still be B12 depleted despite an active B12 level within this range. For these patients, correlation with total B12, homocysteine and/or methylmalonate is required.

## THYROID AUTOANTIBODIES

Specimen Type: Serum

Anti-Thyroglobulin Abs (aTGII)	< 1.3	IU/mL	(< 4.5)
Anti-Thyroidal Peroxidase Abs	54	IU/mL	(< 60)

Over 90% of patients with autoimmune thyroiditis show moderate to high levels of Anti-Thyroidal Peroxidase Abs (anti-TPO) with Anti-Thyroglobulin Abs (anti-Tg) also present in about 90% of such patients. Up to 75% of patients with Graves' hyperthyroidism show increased anti-TPO with anti-Tg present in 50-60%. Low levels of both anti-TPO and anti-Tg may be found in up to 10% of "normal" asymptomatic adults. In most cases of autoimmune thyroid disease increased anti-TPO is the predominant finding although a small proportion of patients show a predominant increase in anti-Tg.

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