



Maeve Beary &lt;maeve@nutrific.com.au&gt;

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## Fletch Background

2 messages

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**Thea Stanley** <thea\_stanley@me.com>  
To: Maeve Beary <maeve@nutrific.com.au>

20 February 2020 at 09:48

Hi Maeve,

I'll try to find recent blood works, my study is all over the place at the moment so could take some time. Here is his background and the symptoms that worry me / drive me mad!

- Born 01/05/2006.
- Fraternal twin - twin A.
- Born a little under 1 month prem via c-section due to pre-eclampsia.
- Hospitalised for around 10 days as needed to be tube fed due to issues sucking.
- Medicated for reflux from a few months old, stopped when moved to solids.
- Moved from UK to HK at approx 9 months.
- Early to move - sit up / crawl / walk. Late to talk.
- Had operation to release tongue tie around 5 years of age? Recommended by speech therapist.
- We all had lots of respiratory health issues in HK and lots of antibiotics.
- Always used to fart when we were living in HK, used to think it was because he didn't chew his food. Was known everywhere as the farty kid. Took him off gluten but wasn't entirely successful.

### ADD.

- Lots of injuries as a kid. Younger brothers diagnosed with ADHD but wasn't able to fight for Fletch as well at the time. Several CT scans for head injuries i.e.
  - falling over his untied shoelaces - which induced vomiting and loss of consciousness (think this happened twice at school)
  - head injury from hitting his head onto a pole on a flying fox - scar on his forehead.
  - riding his bike into a pole.
- Diagnosed with ADD when we moved to Australia. Takes Concerta 36mg.

### GLUTEN

- Took him off Gluten after we moved to Australia. Farting stopped. Now if he eats gluten he gets diarrhoea. Has gene for celiac, haven't had the biopsy as couldn't live with the symptoms for the weeks needed to eat gluten.

### DEAFNESS

- Worked out he is deaf in one ear in Aug 2018. Hearing with background noise without hearing aid only 20%.
- Tests in infancy were okay. Might have been a reason he was late to talk? Had always put it down to being a twin - sister always spoke for him.

### SYMPTOMS

- Allergy shiners - always
- Never has energy

- Always tired.
- Brain fog / ALWAYS FORGETFUL!!! Can't organise his way out of a wet paper bag.
- Just wants to play on a screen.
- Doesn't want to join in family activities.
- Isn't living up to his potential at school, but has a high IQ.
- Struggles to sleep.
- Dislike of vegetables - likes protein and carbs.
- Recently complaining of headaches - sinus.

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**Maeve Beary** <maeve@nutrific.com.au>  
To: Thea Stanley <thea\_stanley@me.com>

20 February 2020 at 09:55

Thanks for that. See you later  
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Maeve Beary, Nutritionist  
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