From: AUSTRALIAN CLINICAL LABS

Name: MRS JOANNA STEVENS

Address: 28 ST LEGER CLOSE NEWINGTON 3350

DOB: 26/11/1975 Sex: F

Your Reference: 262200^^^GGL^MR Lab. Reference: 24-86890569-LS-0 Medicare Number: 33120992591

Phone Enquiries:

Referred By: DR ALISON MILLER (2145998J)

Provider Nbr: 2145998J

Copy to:

Addressee: DR ALISON MILLER (2145998J)

Requested: 9/02/2024

Collected: 9/02/2024 10:30:00 AM Received by lab: 9/02/2024 12:22:00 PM

Reported: 10/02/2024 3:33:00 AM Request/Result Status: F - Final

Specimen:

Test Name: LIPID STUDIES

CLINICAL NOTES: perimenopasual, hypothyroidism on thyroxine

BIOCHEMISTRY

LIPID STUDIES

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Date: Coll. Time: Lab Number:		02/24 10:30 90569		9/12/22 07:56 2386060		3/05/21 08:05 2429012	Desirable F (Fasting	_
Fasting Status	Rando	om	Fa	sting	Fas	sting		
Total Chol.	*	6.4	*	7.1	*	6.6	(< 5.6)	mmol/L
HDL Chol.		1.9		2.2		1.7	(> 1.1)	mmol/L
LDL Chol.	*	4.2	*	4.5	*	4.6	(< 3.1)	mmol/L
Non-HDL Chol.	*	4.5	*	4.9	*	4.9	(< 4.1)	mmol/L
Triglyceride		0.6		0.8		0.7	(< 2.1)	mmol/L
LDL/HDL Ratio Chol/HDL Ratio		2.2		2.0		2.7 3.9		

86890569 Moderate elevation in LDL-Cholesterol. Interpret in conjunction with other cardiovascular risk factors or treatment targets.

Recommended targets for high risk patients are

Total cholesterol < 4.0 mmol/L HDL Cholesterol > 1.0 mmol/L

LDL Cholesterol < 2.5 mmol/L (< 1.8 mmol/L for very high risk) Non-HDL Cholesterol < 3.3 mmol/L (< 2.5 mmol/L for very high risk)

Fasting triglycerides < 2.0 mmol/L

Lipid ranges and targets are from the AACB Guideline for Harmonised Lipid Reporting (2018)

Target values need to be individualised based on clinical assessment of overall risk.

See the AusCVD Risk calculator at www.cvdcheck.org.au

GHB-C OHD-W FBE-R IS-C LIP-C CA-C ECU-C LFT-C PO4-C FT3-W FT

This request has other tests in progress at the time of reporting

From: AUSTRALIAN CLINICAL LABS

Name: MRS JOANNA STEVENS

Address: 28 ST LEGER CLOSE NEWINGTON 3350

DOB: 26/11/1975 Sex: F

Your Reference: 262200^^^GGL^MR Lab. Reference: 24-86890569-OHD-0 Medicare Number: 33120992591

Phone Enquiries:

Referred By: DR ALISON MILLER (2145998J)

Provider Nbr: 2145998J

Copy to:

Addressee: DR ALISON MILLER (2145998J)

Requested: 9/02/2024

Collected: 9/02/2024 10:30:00 AM Received by lab: 9/02/2024 12:22:00 PM Reported: 10/02/2024 3:44:00 AM

Request/Result Status: F - Final

Specimen:

Test Name: VITAMIN D

CLINICAL NOTES: perimenopasual, hypothyroidism on thyroxine

BIOCHEMISTRY

SPECIMEN: SERUM VITAMIN D

25-hydroxy Time Lab No. Vitamin D

86 (50 - 200) nmol/L 09/02/24 10:30 86890569

86890569 Within normal limits.

Interpretation:

Vitamin D deficiency <50 nmol/L <20 nmol/L Severe deficiency

COMMENT: Vitamin D sufficiency is defined as greater than or equal to 50 nmol/L at the end of winter (level may need to be 10-20 nmol/L higher at the end of summer).

Reference: Position Statement. Vitamin D and Health in Adults in Australia and New Zealand. MJA, 196(11): 686-687, 2012.

GHB-C OHD-C FBE-R IS-C LIP-C CA-C ECU-C LFT-C PO4-C FT3-C FT

All tests on this request have now been completed

From: AUSTRALIAN CLINICAL LABS

Name: MRS JOANNA STEVENS

Address: 28 ST LEGER CLOSE NEWINGTON 3350

DOB: 26/11/1975 Sex: F
Your Reference: 262200^^GGL^MR Lab. Reference: 24-86890569-ISM-0 Medicare Number: 33120992591

Phone Enquiries:

Referred By: DR ALISON MILLER (2145998J)

Provider Nbr: 2145998J

Copy to:

Addressee: DR ALISON MILLER (2145998J)

Requested: 9/02/2024

Collected: 9/02/2024 10:30:00 AM Received by lab: 9/02/2024 12:22:00 PM Reported: 10/02/2024 3:33:00 AM

Request/Result Status: F - Final

Specimen:

Test Name: IRON MASTER

CLINICAL NOTES: perimenopasual, hypothyroidism on thyroxine

BIOCHEMISTRY

SPECIMEN: SERUM IRON STUDIES

Date:	09/02/24	14/02/20	
Coll. Time:	10:30	08:50	
Lab Number:	86890569	30705541	
Iron	16.1	13.8	(10.0 - 30.0) umol/L $(2.10 - 3.80)$ g/L
Transferrin	2.35	2.44	
Saturation	27 52	23	(15 - 45) % (30 - 200) ug/L

86890569 Iron studies are within normal limits.

GHB-C OHD-W FBE-R IS-C LIP-C CA-C ECU-C LFT-C PO4-C FT3-W FT

This request has other tests in progress at the time of reporting