



Malanda Medical Care

Your partners in health

2 Angus Street, Malanda Q 4885 Phone 40965355 Fax 40965100

**Dr Catriona Arnold-Nott MBBS,
FRACGP, MPH&TM, BA
Provider Number: 208501FK**

14/02/2022

THIS LETTER CONTAINS MEDICAL INFORMATION IN CONFIDENCE.
IF YOU ARE NOT THE INTENDED RECIPIENT OF THIS LETTER, PLEASE CONTACT US IMMEDIATELY.

Dr Stephen Vincent
Level 4b Flecker House
5 Upward Street
Cairns 4870
Phone: 40511100
Fax: 40511962
By Email: admin@fnqthoracic.com.au

RE: Ms Brigitte Daley (DOB: 14/12/1966)
PO Box 94, Millaa Millaa 4886
T: 0467882650 M: 0467882650
M/C No.:4339542975 1

Dear Stephen

Thank you for seeing Brigitte with regards to review of her OSA.
Brigitte found CPAP has been completely life changing for her.
She uses her mask every night, and is very careful to keep all her equipment up to date.

Over the last few years Brigitte has struggled a bit with weight management and progressive fatigue. This initially responded very well to commencement of HRT. However more recently her symptoms have recurred.

It has been a very long time since Brigitte has had her CPAP reviewed.
I would be grateful if you could see her to re assess and confirm her pressures are adequate.

Past History Active:

Depression
Hypertension

Hypothyroidism

Thrombocytosis

2015 Obstructive sleep apnoea

Millaa clinic measures: Systolic
121-188, Diastolic 88-118
Home measures essentially in target
TSH 35 Oct 2013
Hashimoto's
since approx 2001
seen by Dr Bird, haematology
BM biopsy
no diagnosis
Severe
Commenced CPAP April 2015
Dr Vincent

Past History Inactive:

1985 Haemochromatosis carrier
Leptospirosis
1987 Glandular fever

HFE gene test Oct 2014

1997	Chronic Fatigue Syndrome	spontaneous recovery
2010	Endometrial hyperplasia	Dr Wright hysteroscopy, D&C
2010	Bone marrow biopsy	normal, 46XX no evidence of monoclonality, or lymphoid malignancy

Current Medications:

Femoston 2/10 2mg;10mg Tablets (Estradiol, Dydrogesterone)	1 Tablet Daily.
Influenza Vaccine Quadrivalent 0.5mL Injection (Inactivated quadrivalent influenza vaccine)	1 Injection For nurse to administer.
Levothyroxine 75mcg Tablet	1 Tablet Daily.
Otodex 0.5mg;5mg;0.05mg/mL Ear Drops (Dexamethasone, Framycetin Sulfate, Gramicidin)	Instil 2-3 drops into ear 3-4 times daily for 5 days . Instil 2-3 drops into ear 3-4 times daily for 5 days
Ovestin Vaginal 1mg/g Cream (Estriol)	Apply p.r.n. once or twice weekly.
Perindopril 5mg Tablet (Perindopril arginine)	1 Tablet Daily.

Adverse Drug Reactions: Nil known.

Yours Sincerely

Dr Catriona Arnold-Nott