



Supplements B=Before, D=During, A= After	Breakfast			Lunch			Dinner			Bed
Fish Oils/Cod Liver Oil										
Pro Biotic										
PectaSol - C										

31/10
Kidneys have not responded to meds. Some
markers worse.

Hair analysis sent.

Added prednisone

Calcium needed - supps. ? / Vit D -

- Re-intro dairy.

- ate laksa - gut went crazy