



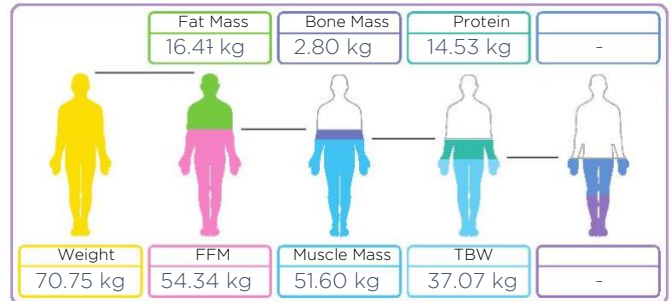
Body Composition Analyzer

Date 14/6/2024 03:18

ID	24919794		
Name	Liberty	Height	170 cm
Age	26	Type	PT

Details

	Result	Normal	Target
Weight	70.75 kg	53-72 kg	-
Fat	23.20 %	21-33%	-
Fat Mass	16.41 kg		-
Fat Free Mass	54.34 kg		-
Muscle Mass	51.60 kg		-
BMI	24.50	18.5-25	-
Metabolic Age	18.00		-

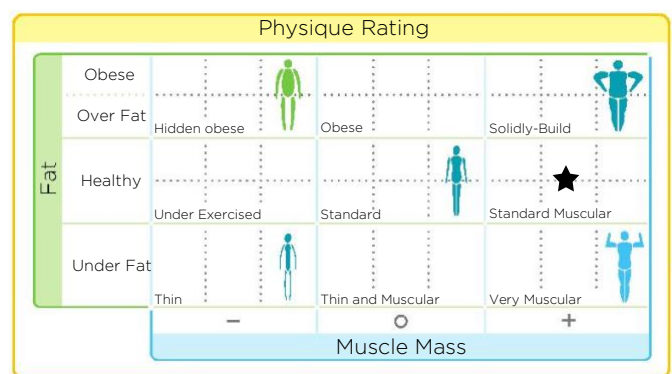


BMR - Visceral Fat Rating - TBW

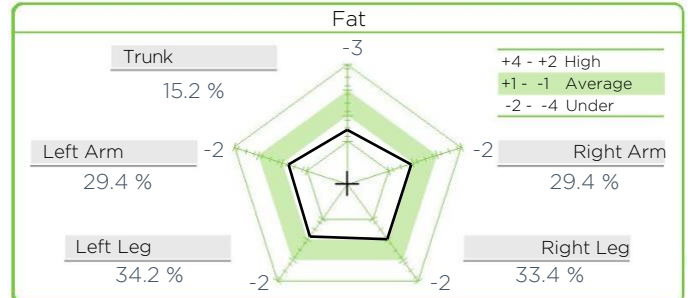
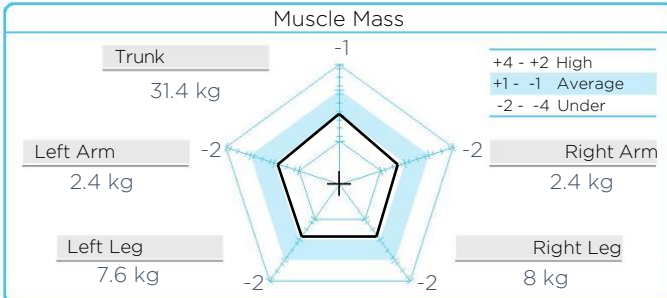
BMR	6786 kJ	
	1622 kcal	



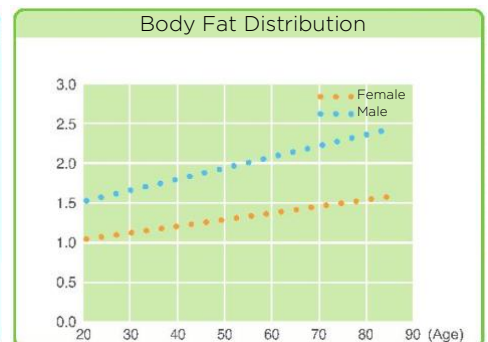
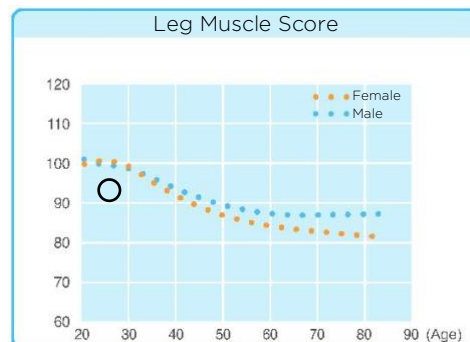
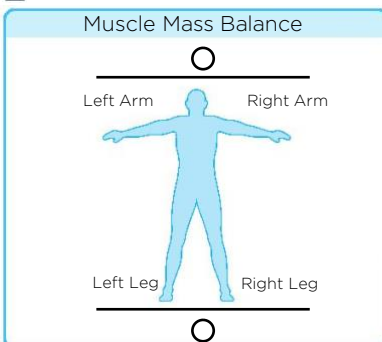
Total Body Water	52.40%		
	37.07 kg	-	-



Segmental Analysis



Balance



History

	Weight	Muscle Mass	Fat in %
14.06.2024	70.75	51.60	23.20
Initial	70.75	51.60	23.20



Recommendations
