Patient Address: 28 ALFRED ST, PARKSIDE 5063

D.O.B: 18/08/1971 Gender: F Medicare No.: 23888334381 IHI No.:

Lab. Reference: 19-9715284-CAE-0 Provider: AUSTRALIAN CLINICAL LABS

Addressee: DR JACKIE YEOH Referred by: DR JACKIE YEOH

Date Requested: 7/11/2019 Date Performed: 21/11/2019
Date Collected: 21/11/2019 Complete: Final

Specimen:

Subject(Test Name): CAERULOPLASMIN, SERUM

Clinical Information:

CLINICAL NOTES:

SPECIAL CHEMISTRY

PROTEIN STUDIES SPECIMEN: SERUM

Caeruloplasmin 0.33 g/L (0.20 - 0.60)

Please note from the 9th August 2018 the reference range for Caeruloplasmin has been revised in line with a change in methodology.

This analysis is performed on the Optilite analyser.

CU-W RZN-W RMG-W IS-R FBE-R CAE-C

Patient Address: 28 ALFRED ST, PARKSIDE 5063

D.O.B: 18/08/1971

Medicare No.: 23888334381

Lab. Reference: 19-9715284-ISM-0

Addressee: DR JACKIE YEOH Gender: F IHI No .:

Provider: AUSTRALIAN CLINICAL LABS

Referred by: DR JACKIE YEOH

Date Requested: 7/11/2019 Date Performed: 21/11/2019 Date Collected: 21/11/2019 Complete: Final

Specimen:

Subject(Test Name): IRON STUDIES

Clinical Information:

CLINICAL NOTES:

BIOCHEMISTRY

IRON STUDIES SPECIMEN: SERUM

*	Iron	8	umol/L	(10.0 - 30.0)
	Transferrin	2.52	g/L	(2.10 - 3.80)
*	Saturation	12	8	(15 - 45)
*	Ferritin	13	ug/L	(30 - 200)

Iron studies are consistent with iron deficiency. Sources of blood loss should be considered.

CU-W RZN-W RMG-W IS-C FBE-R CAE-W

Patient Address: 28 ALFRED ST, PARKSIDE 5063

D.O.B: 18/08/1971

Gender: F Medicare No.: 23888334381 Lab. Reference: 19-9715284-TMS-0 Addressee: DR JACKIE YEOH IHI No .:

Provider: AUSTRALIAN CLINICAL LABS
Referred by: DR JACKIE YEOH

Date Requested: 7/11/2019
Date Collected: 21/11/2019

Date Performed: 21/11/2019 Complete: Final

Specimen:

Subject(Test Name): TRACE METALS SERUM/PLASMA

Clinical Information:

CLINICAL NOTES: naturopath has req last 4 blood tests, ? iron def

SPECIMEN: SERUM/PLASMA TOXICOLOGY

TRACE METALS

Date: 21/11/19 Coll. Time: 09:10 Lab Number: 9715284

(10.0 - 30.0) umol/L18.9 Copper

CU-C RZN-W RMG-W IS-R FBE-R CAE-R

4

Patient Address: 28 ALFRED ST, PARKSIDE 5063

D.O.B: 18/08/1971

Medicare No.: 23888334381

Lab. Reference: 19-9715284-TMC-0 Addressee: DR JACKIE YEOH

Gender: F

IHI No .:

Provider: AUSTRALIAN CLINICAL LABS

Referred by: DR JACKIE YEOH

Date Requested: 7/11/2019 Date Collected: 21/11/2019

Date Performed: 21/11/2019 Complete: Final

Specimen:

Subject(Test Name): TRACE METALS RED CELLS

Clinical Information:

CLINICAL NOTES: naturopath has req last 4 blood tests, ? iron def

TOXICOLOGY

TRACE METALS

SPECIMEN: RED CELLS

21/11/19 Date: Coll. Time: 09:10 Lab Number: 9715284

Magnesium

1.79

 $(1.70 - 2.90) \, \text{mmol/L}$

Zinc

192

(160 - 250) umol/L

CU-R RZN-C RMG-C IS-R FBE-R CAE-R

All tests on this request have now been completed

Patient Address: 28 ALFRED ST, PARKSIDE 5063
D.O.B: 18/08/1971
Medicare No.: 23888334381
Lab. Reference: 19-9715284-HAE-0 Gender: F IHI No.:

Provider: AUSTRALIAN CLINICAL LABS

Addressee: DR JACKIE YEOH Referred by: DR JACKIE YEOH

Date Requested: 7/11/2019
Date Collected: 21/11/2019 Date Performed: 21/11/2019 Complete: Final

Specimen:

Subject(Test Name): ROUTINE HAEMATOLOGY

Clinical Information:

CLINICAL NOTES:

HAEMATOLOGY SPECIMEN: WHOLE BLOOD

Date: Coll. Time: Request:	21/11/19 09:10 9715284	:06/05/19 09:50 6463268	:01/05/19 09:50 5861354	:	<u>:</u>
Platelets	314	342	381		
Нb	134	121	126		
RBC	4.80	4.31	4.45		
HCT	0.41	0.38	0.38		
MCV	86	87	86		
RDW	13.5	13.9	13.5		
WCC	5.5	6.0	6.9		
Neut %	50	65	84		
Lymph %	36	24	9		
Mono %	6	7	4		
Eosin %	7	3	2		
Baso %	1	1	1		

Cumulative Report: Differential may not add up to 100%. For full details of current request, see following report.

134 g/L	(115 - 165)
4.80 x 10 ^12 /L	(3.80 - 5.50)
0.41	(0.35 - 0.47)
86 fL	(80 - 99)
28 pg	(27.0 - 34.0)
325 g/L	(310 - 360)
13.5 %	(11.0 - 15.0)
5.5 x 10 ^9 /L	(4.0 - 11.0)
50 % 2.8 x 10 ^9 /L	(2.0 - 8.0)
36 % 2.0 x 10 ^9 /L	(1.0 - 4.0)
6 % 0.3 x 10 ^9 /L	(< 1.1)
7 % 0.4 x 10 ^9 /L	(< 0.7)
1 % < 0.1 x 10 ^9 /L	(< 0.3)
314 x 10 ^9 /L	(150 - 450)
	4.80 x 10 ^12 /L 0.41 86 fL 28 pg 325 g/L 13.5 % 5.5 x 10 ^9 /L 50 % 2.8 x 10 ^9 /L 36 % 2.0 x 10 ^9 /L 6 % 0.3 x 10 ^9 /L 7 % 0.4 x 10 ^9 /L 1 % < 0.1 x 10 ^9 /L

COMMENT: The red cell, white cell and platelet parameters are within normal limits.

CU-W RZN-W RMG-W IS-W FBE-C CAE-W



PRACTITIONER'S REPORT



InterClinical Laboratories Pty Limited ABN 89 076 386 475

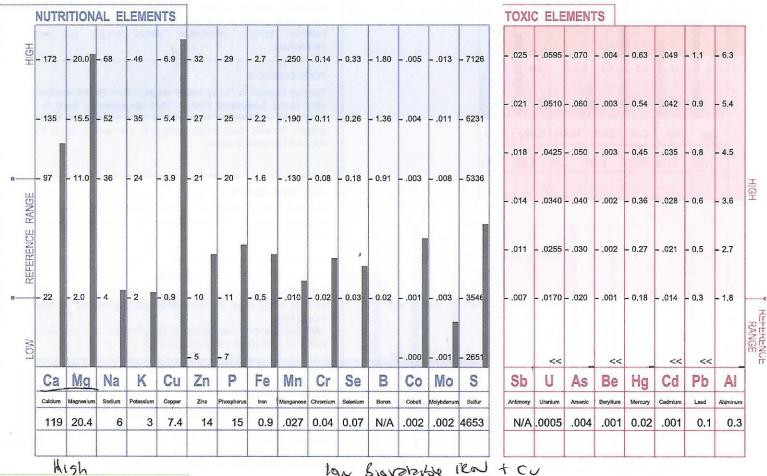
PO Box 6474, Alexandria NSW 2015 Australia Ph: 02 9693 2888 Fax: 02 9693 1888 Email: lab@interclinical.com.au

LABORATORY NO .: 1512786

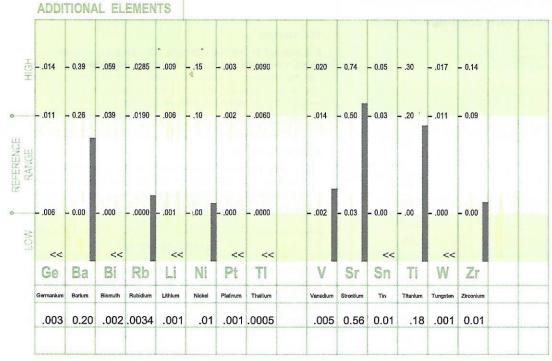
PROFILE NO.: 2 SAMPLE TYPE: SCALP

PATIENT: STERRY, SAMANTHA AGE: 48 SEX: F **METABOLIC TYPE:** SLOW 1

REQUESTED BY: DRIVER, K ACCOUNT NO .: 2216 15/10/2019



low biovalable ileal + CU



"<<": Below Calibration Limit; Value Given Is Calibration

"QNS": Sample Size Was Inadequate For Analysis.

"N/A": Currently Not Available

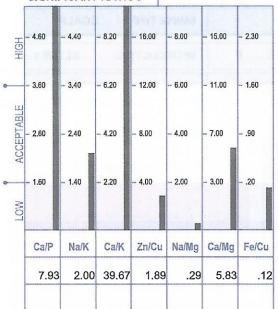
Ideal Levels And Interpretation Have Been Based On Hair Samples Obtained From The Mid-Parietal To The Occipital Region Of The Scalp.

Laboratory Analysis Provided by Trace Elements, Inc. Dallas, Texas USA an H.H.S. Licensed Clinical Laboratory. No. 45 D0481787

15/10/2019 CURRENT TEST RESULTS

PREVIOUS TEST RESULTS

SIGNIFICANT RATIOS



TOXIC RATIOS



ADDITIONAL RATIOS

	Current	Previous	1	
Ca/Sr	212.50			131/1
Cr/V	8.00			13/1
Cu/Mo	3700.00			625/1
Fe/Co	450.00			440/1
K/Co	1500.00	The state of the		2000/1
K/Li	3000.00	Nill of the Paris	Name of	2500/1
Mg/B	N/A		150	40/1
S/Cu	628.78			1138/1
Se/TI	140.00		1	37/1
Se/Sn	7.00		11	0.67/1
Zn/Sn	1400.00	1 1	111	167/1

LEVELS

All mineral levels are reported in milligrams percent (milligrams per one-hundred grams of hair). One milligram percent (mg%) is equal to ten parts per million (ppm).

NUTRITIONAL ELEMENTS

Extensively studied, the nutrient elements have been well defined and are considered essential for many biological functions in the human body. They play key roles in such metabolic processes as muscular activity, endocrine function, reproduction, skeletal integrity and overall development.

TOXIC ELEMENTS

The toxic elements or "heavy metals" are well-known for their interference upon normal biochemical function. They are commonly found in the environment and therefore are present to some degree, in all biological systems. However, these metals clearly pose a concern for toxicity when accumulation occurs to excess.

ADDITIONAL ELEMENTS

These elements are considered as possibly essential by the human body. Additional studies are being conducted to better define their requirements and amounts needed.

RATIOS

A calculated comparison of two elements to each other is called a ratio. To calculate a ratio value, the first mineral level is divided by the second mineral level.

EXAMPLE: A sodium (Na) test level of 24 mg% divided by a potassium (K) level of 10 mg% equals a Na/K ratio of 2.4 to 1.

SIGNIFICANT RATIOS

If the synergistic relationship (or ratio) between certain minerals in the body is disturbed, studies show that normal biological functions and metabolic activity can be adversely affected. Even at extremely low concentrations, the synergistic and/or antagonistic relationships between minerals still exist, which can indirectly affect metabolism.

TOXIC RATIOS

It is important to note that individuals with elevated toxic levels may not always exhibit clinical symptoms associated with those particular toxic minerals. However, research has shown that toxic minerals can also produce an antagonistic effect on various essential minerals eventually leading to disturbances in their metabolic utilization.

ADDITIONAL RATIOS

These ratios are being reported solely for the purpose of gathering research data. This information will then be used to help the attending health-care professional in evaluating their impact upon health.

REFERENCE RANGES

Generally, reference ranges should be considered as guidelines for comparison with the reported test values. These reference ranges have been statistically established from studying an international population of "healthy" individuals.

Important Note: The reference ranges should not be considered as absolute limits for determining deficiency, toxicity or acceptance.