



Referrer Dr Yasangi H Ranawaka Arachchi

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DOB 02/10/1986 (37 Yrs FEMALE)

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Copy to

Clinical Notes . Fasting.

Requested 08/05/2024

Collected 19/05/2024 08:48

Received 19/05/2024 08:49

25 Hydroxy Vitamin D

Test Name	Result	Units	Reference Interval
25-OH Vitamin D	93	nmol/L	50 - 150

Comments

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):1-7, 2012, vitamin D status is defined as:

Vitamin D adequacy: >49 nmol/L at the end of winter
(levels may need to be 10-20 nmol/L higher at the end
of summer, to allow for seasonal decrease.)

Mild vitamin D deficiency: 30-49 nmol/L

Moderate vitamin deficiency: 12.5-29 nmol/L

Severe vitamin D deficiency: < 12.5 nmol/L

AC

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Reported on 19-05-2024 16:23