

Referrer **Dr Franny K Sydney Suthanthiran**

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Your ref. **16558**

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Copy to

Requested **14/02/2018**
Collected **14/02/2018 13:57 AEDT**
Received **14/02/2018 13:58 AEDT**

25 Hydroxy Vitamin D

Test Name	Result	Units	Reference Interval
25-OH Vitamin D	51	nmol/L	50 - 150

Comments

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):1-7, 2012, vitamin D status is defined as:

Vitamin D adequacy: >49 nmol/L at the end of winter
(levels may need to be 10-20 nmol/L higher at the end
of summer, to allow for seasonal decrease.)
Mild vitamin D deficiency: 30-49 nmol/L
Moderate vitamin deficiency: 12.5-29 nmol/L
Severe vitamin D deficiency: < 12.5 nmol/L

EA

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