

PAULA KINDELAN

Lab ID 644720873

DOB 10/12/1969 (48 Y FEMALE)

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Requested 22/06/2018

Collected 06/10/2018 07:57 AEDT Received 06/10/2018 07:57 AEDT

25 Hydroxy Vitamin D

Copy to

Test Name	Result	Units	Reference Interval	
25-OH Vitamin D	51	nmol/L	50 - 150	

Comments

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):1-7, 2012, vitamin D status is defined as:

Vitamin D adequacy: >49 nmol/L at the end of winter
(levels may need to be 10-20 nmol/L higher at the end
of summer, to allow for seasonal decrease.)
Mild vitamin D deficiency: 30-49 nmol/L
Moderate vitamin deficiency: 12.5-29 nmol/L
Severe vitamin D deficiency: < 12.5 nmol/L

EΑ

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