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Requested **28/05/2019**

Collected **29/05/2019 08:51 AEDT**

Received **29/05/2019 08:55 AEDT**

Lipid Profile

Cholesterol	4.1	mmol/L	3.9 - 5.5
Triglyceride	0.9	mmol/L	0.6 - 2.0
HDL	1.04 L	mmol/L	1.10 - 1.90
LDL	2.6	mmol/L	0.0 - 4.0
Tot Chol/HDL	3.9		0 - 4.5

Comments

Suggested optimal treatment targets for patients are:

LDL Cholesterol	< 2.0 mmol/L
HDL Cholesterol	> 1.00 mmol/L
Triglycerides	< 1.5 mmol/L

Recommendations of the National Heart Foundation of Australia
and the Cardiac Society of Australia and New Zealand 2005

Risk Calculator available at

<http://www.cvdcheck.org.au>

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