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 January 10, 2023

Dr Neels Myburgh  
 Modern Medical Clinics  
 66-68 Mahogany Drive  
 HALLS HEAD WA 6210

Dear Neels,

Mrs Tracy HARRINGTON DOB: 2/11/1965  
 28 Stepmoon Street, FALCON WA 6210  
 Home Phone: 0410745781 Mobile: 0410745781

Presenting problem:

Unwell post first Pfizer vaccination

- painful eyes with associated blurred vision
- chest, nose and throat pain and uncomfortable breathing
- abdominal pain worse with eating

Thanks for asking me to see Tracy. This 57 year old circus trainer tells me she was a fit and healthy person up until she had her first Pfizer vaccination on the 4th January 2022. The following day she says she woke up with painful eyes and blurred vision. Her colour and depth perception seemed to have disappeared and she seemed to be getting suddenly more severe and more frequent migraines than she previously did. She did follow-up with an Ophthalmologist and her GP at the time who couldn't find anything wrong with her eyes.

She also started to experience symptoms of burning and uncomfortable breathing affecting her whole upper airway and chest. She wasn't coughing or wheezing as such.

Her gut started to play up as well, everything she ate made her feel unconformable. She says it felt like her whole gut was burning, but again she didn't have vomiting or diarrhoea, just this discomfort that came on after eating. At one stage she took some Nurofen and this seemed to make things markedly worse and the suspicion was raised of a possible peptic ulcer at that point in time. She did see Colin Sherrington who did an endoscopy and apparently said everything was normal.

Many of her visual symptoms resolved after about 3 months although she says she still can't focus on a computer screen very well. She says it is like having motion sickness, she feels quite nauseous. Her chest is still uncomfortable, she still finds that most foods worsen her abdominal pain. She has lost quite a lot of weight, but this is probably due to the fact that she is on a very restricted diet eating mainly bananas, egg, rice and avocado.

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She is on a number of medications or at least she was including Imigran, Largactil, Maxalt and Ondansetron. When these other symptoms were at there peak, these medications seemed to exacerbate everything, so she has cut back on her frequency of use and the dosages that she uses.

Curiously at the advice of someone else, she started taking antihistamines towards the end of last year and she felt that a lot of her symptoms seemed to improve with this.

She is worried about food allergies, so I have tested her to a range of foods and the testing was completely negative to:-

nil

Almond - nil  
Pecan - nil  
Apple - nil  
Peach - nil  
Banana - nil  
Potato - nil  
Beef - nil  
Pork - nil  
Cashew - nil  
Rice - nil  
Chicken - nil  
Salmon - nil  
Codfish - nil  
Shellfish -

Corn - nil  
Soy bean - nil  
Egg - nil  
Strawberry - nil  
Cow's milk - nil  
Tomato - nil  
Orange - nil  
Tuna - nil  
Peanut - nil  
Wheat - nil  
Mango - nil  
Yeast - nil  
Avocado - nil  
Melon - nil  
Carrot - nil  
Mushroom -

nil

Cocoa - nil  
Onion - nil

Garlic - nil  
Pea - nil

Kiwi - nil  
Pineapple - nil  
Brazil - nil  
Sweet Potato

- nil  
Hazelnut - nil  
Rye - nil

Walnut - nil



Barley - nil  
Macadamia - nil  
Lupin - nil  
Pine nut - nil  
Oats - nil  
Sesame seed - nil  
Canola - nil  
Coconut - nil

She had a normal positive control of 4 x 4 mm.

As you said in your referral it is very hard to work out what is going on with Tracy. All of her symptoms seem very vague and non-specific and she really struggles to describe exactly how she feels. I have explained to her that often all we can do as Doctors is exclude underlying health issues, but not always give a diagnosis for what is going on.

I must admit her visual disturbance and worsening headaches do sound as if her whole migraine issue became worse and more consistent than it had been. I have not heard of this happening in association with Covid vaccines though.

continued...

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As for her ongoing chest and gut symptoms, I think we should do some pulmonary function testing to ensure there isn't any abnormalities there, so at least we can reassure her that there is no serious lung disease and I think with her gut, we should do a faecal calprotectin.

I am going to do some screening tests for autoimmune disease as well. I will check her mast cell tryptase and because her son has sarcoidosis, I will check her markers for that as well (she feels his symptoms are very similar to hers).

At the end of the day, I suspect we won't be able to give her a clear cut diagnosis for what is going on and hopefully these symptoms will resolve over time. You certainly need to keep an eye on her though in case there is some other condition brewing in the background which becomes more evident over time.

Kind regards  
Yours sincerely

Dr Colin Somerville  
Dictated by Dr Somerville and signed electronically