

# WACARDIOLOGY

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## Exercise Stress Echocardiogram Report

Patient:	TRACY HARRINGTON	Exam Date:	13-Jun-2023 11:13	Supervisor:	Dr John Shin
WACS:	356588	Exam Location:	Mandurah	Sonographer:	Danel Fick
Gender:	F	Machine:	S70		
DOB:	02-Nov-1965				

Referring Doctor: Dr Gerry Maguire, Modern Medical Clinic, Halls Head 6210

### CLINICAL DETAILS

Rhythm:	Sinus	Severe Aortic Stenosis:	No	B-Blocker:	Tested off
Technical Quality:	Fair	Heart Failure:	No		

### MEDICATIONS

Symbicort

### INDICATIONS

Generally feeling unwell past few weeks. Had chest pain post vaccination/medication. Reports hyper-reactive to things, including reflux. Unintentional weight loss in context of eating less.

### CONCLUSION

Negative stress echocardiogram.  
Slightly tachycardic.

### STRESS TEST

MPHR (bpm):	163	Time (m:s):	2 : 00	HR Rest (bpm):	91
THR (bpm):	139	METS:	3.7	HR Peak (bpm):	158
% Max HPHR:	96.93	Equipment:	Bicycle	BP Rest (mmHg):	120 / 80
				BP Peak (mmHg):	160 / 100

Protocol:	Upright ergometer.
BP Response:	Normal blood pressure response.
Termination Reason:	The target heart rate was achieved and the patient was fatigued.
Cardiac Symptoms:	No chest pain, palpitations or excessive dyspnoea was reported during the test.

### ECG ANALYSIS

Resting ECG:	Generally flat ST segments on all leads. Otherwise normal ECG.
Stress ECG:	No ischaemia, ST-segment changes or arrhythmias seen during exercise and recovery phases. 1x PVC noted in recovery.
Arrhythmias:	Occasional PACs.

### ECHO FINDINGS

Baseline:	Normal left ventricular size and systolic function. No resting regional wall motion abnormalities.
Peak:	Normal augmentation of left ventricular systolic function. No inducible wall motion abnormalities detected.
Recovery:	Left ventricular contractility returned to baseline appearance.