



MARITA SMITH
13-May-1984 Female

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THE MAMAWISE NATUROPATH
THE MAMAWISE
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LAB ID : 3995693
UR NO. : 6279460
Collection Date : 13-Jun-2024
Received Date: 18-Jun-2024



3995693

Clinical Notes: SSRI (Sertaline), Hashimotos hypothyroid

INTEGRATIVE MEDICINE

URINE, SPOT	Result	Range	Units
URINE IODINE	90		ug/L
Urine Iodine Corrected	31.1		ug/gCR
Urine Iodine Comment			

RANDOM IODINE COMMENT:
Random Iodine levels are expressed as ug Iodine/g Creatinine (to correct for urine concentration), with the following reference ranges (WHO Guidelines);

- >100 ug/gCR Not Iodine deficient
- 50 - 100 ug/gCR Mild Iodine deficiency
- 20 - 49 ug/gCR Moderate Iodine deficiency
- < 20 ug/gCR Severe Iodine deficiency

Low levels of iodine may lead to hypothyroidism and goitre and in severe cases, intellectual disability.

For High levels of iodine, please correlate clinically. High levels may be due to iodine supplementation and very high levels are seen with patients who have undergone radiological investigations with contrast administration.

Creatinine, Urine Spot. 25.7 *H 2.5 - 19.2 mmol/L

Tests ordered: UR-IODINE,IMPEI,uIodEx,usCr

(*) Result outside normal reference range (H) Result is above upper limit of reference range