

Letter by Marc GEORGE on 21/3/2023

Last edited by Andrea BARA-BARA on 3/4/2023 at 14:51

CONFIDENTIAL

Patient Name: CRAKER, Rochelle

3/4/2023

1042884373

Pg. 1

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3 April 2023

Private and Confidential**GP Practice ID:** F85669**GP Address:**WEST GREEN SURGERY,
590-598 GREEN LANES
LONDON, , N8 0RA**Appointment Date/Time:** 21/3/2023 13:15**Clinic Code:** CLINICAL PHARM**Clinic Speciality:** Pharmacology**Reviewed By:** MJG1B, CLINICIAN**Clinic Lead:** Marc George, Consultant Doctor**Appointment Type:** Telephone Follow Up Visit**Patient details****Name:** Ms. Rochelle CRAKER**DOB:** 17/2/1988, **Gender:** Female**NHS No:** 432 780 1151 **Hospital No:** 21176206**Patient contact information****Phone:** 07522 713450 (mobile),**Address:** 106 Falkland Road
LONDON
N8 0NP**Referred by:** BRIDGE HOUSE MEDICAL PRACTICE
96 UMFREVILLE ROAD, LONDON, N4 1TL

Dear colleague,

It was a pleasure to review Miss Cracker in the Blood Pressure *telephone* clinic today.**Diagnoses:**

Hypertension

- Aldo 230, renin 0.7, ARR 329

- Normal plasma metanephrine's

- Mild LVH on echo (on Amlodipine for 3 years)

Medications:

Amlodipine 10mg od

Side effects

Ramipril - cough

Losartan - cant recall what the side effect was ?dizzy/nausea

Started treatment for hypertension in 2020. Mean BP at the time was 140/96 mmHg. Not repeated since whilst has been on treatment.

She is under investigations for potential secondary causes of hypertension given her age.

She is awaiting an MR renal angiogram (re-booked for 22/4/23) and 24 hour Ambulatory BP Monitor (need rebooking).

Has had a very stressful year, gets a lot of facial pain - under neurology (has nortriptyline).

Also gets chest pain every day. The pain is in the middle of her chest, under her ribs, struggles to breath.

Then gets an ache. Pain is constant. Has been going on for around a year but goes up and down. Pain not clearly worse when walking. Seeing her GP tomorrow.

BP at home checked the last few days

- 136/97 mmHg

- 143/97 mmHg

Plan

- Face to face in 3 months (30 minutes)
- Await MR renal angiogram
- 24 hour BP
- 7-day home BP diary
- If BP not to target - Indapamide

Your sincerely,

Dr Marc George Ph.D

Consultant in Clinical Pharmacology and General Internal Medicine

GMC: 6158675

For further advise on managing your blood pressure see:

<http://www.bloodpressureuk.org/>

& The British Heart Foundation:

<https://www.bhf.org.uk/informationsupport/risk-factors/high-blood-pressure>

For a home BP diary see the British Hypertension Society

https://bihsoc.org/wp-content/uploads/2017/09/Home_blood_pressure_diary.pdf

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The content of this letter has been reviewed by the clinician. Please excuse any errors arising through the use of voice recognition.

Distribution List:

Primary Recipient:

Miss Rochelle CRAKER
Via MyCare UCLH

Cc'd Recipient(s):

WEST GREEN SURGERY
590-598 Green Lanes
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Via DocMan



Revision History

Revised by Andrea BARA-BARA on 3/4/2023 at 14:51 (current version)
Created by Marc GEORGE on 21/3/2023 at 13:53

Communications

✉ Letter sent to Miss Rochelle CRAKER and WEST GREEN SURGERY
Sent 3/4/2023 by Marc GEORGE

Chart Review Routing History

No routing history on file.