

Report to **IMEDICAL,**  
1 Union st  
, Pyrmont, NSW, 2009

Patient **SHARPE, DIMITY**  
IMEDICAL C/O IMEDICAL 1 UNION ST  
PYRMONT NSW 2009

Phone  
D.O.B 08/06/1978      Age 45 years      Sex F

Ref. by/copy to IMEDICAL,  
Collect date 02/04/2024      Lab ref 24-25345252  
Collect time 01:30 PM      Your ref  
Reported 03/04/2024      10:50 AM

Tests requested UTE, HOR, FE, FBE

Clinical notes

## URINE TRACE METALS

|                              |             | (RI)    | BOEL |
|------------------------------|-------------|---------|------|
| Total Volume                 | Random      |         |      |
| Urine Creatinine             | 12.4 mmol/L |         | N/A  |
| Urine Iodine (ug/L)          | 350 ug/L    |         | N/A  |
| Urine Iodine (Crt corrected) | 233 ug/L    | (> 100) |      |

WHO Criteria for assessing iodine nutrition based on median urinary iodine concentrations in 6 years or older:

- Severe Iodine deficiency : < 20 ug/L
- Moderate Iodine deficiency : 20-49 ug/L
- Mild Iodine deficiency : 50-99 ug/L
- Adequate Iodine intake : 100-199 ug/L
- Iodine intake above requirement : 200-299 ug/L
- Excessive Iodine intake : >= 300 ug/L

For Pregnant women

- Insufficient Iodine intake : < 150 ug/L
- Adequate Iodine intake : 150-249 ug/L
- Iodine intake above requirement : 250-499 ug/L
- Excessive Iodine intake : >= 500 ug/L

For Lactating women

- Adequate Iodine intake : >= 100 ug/L

Urine iodine (creatinine corrected) adjusts the measured result to account for changes in urine concentration. Please note: due to a high variability of an individual's urinary iodine concentration, spot urine iodine concentration is not useful for the diagnosis and treatment of individuals. For more detail refer to:

"[https://apps.who.int/iris/bitstream/handle/10665/85972/WHO\\_NMH\\_NHD\\_EP\\_G\\_13.1\\_eng.pdf](https://apps.who.int/iris/bitstream/handle/10665/85972/WHO_NMH_NHD_EP_G_13.1_eng.pdf)"

BOEL = Biological Occupational Exposure Limit  
RI = Reference Interval

### SURGERY USE

Normal

No Action/File

Patient  
Notified

Make  
Appoint.

Further Tests

Notes  
Required

Speak  
with Dr.

On Correct  
Treatment

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## SERUM HORMONE PROFILE

Specimen Type: Serum

| Request Number | Date Collected | FSH IU/L | LH IU/L | PROG nmol/L | E2(ATEL) pmol/L | E2(BECK) pmol/L | LH/FSH Ratio |
|----------------|----------------|----------|---------|-------------|-----------------|-----------------|--------------|
| 25345252       | 2 Apr 24       | 1        | 4.3     | 23          | 383             |                 |              |

| Reference Ranges | FSH   | LH   | PROG      | E2(ATEL) | E2(BECK) |
|------------------|-------|------|-----------|----------|----------|
| Follicular       | 2-12  | 2-12 | 0.5-4.5   | 100-530  |          |
| Midcycle         | 12-30 | >15  |           | 235-1300 |          |
| Luteal           | 2-12  | 2-15 | 10.6-89.1 | 205-790  |          |
| Menopausal       | >25   | >10  |           | <100     |          |
| Prepubertal      | <6    | <4   |           |          |          |

### PLEASE NOTE:

'E2 (ATEL)' - Oestradiol by Siemens Atellica assay  
'E2 (BECK)' - Oestradiol by Beckman Access assay

## IRON STUDIES

Specimen Type: Serum

|                        |           |        |          |
|------------------------|-----------|--------|----------|
| Serum Iron             | 21        | umol/L | (10-30)  |
| Transferrin            | 32        | umol/L | (32-48)  |
| Transferrin Saturation | 34        | %      | (13-45)  |
| Serum Ferritin         | <b>12</b> | ug/L   | (30-165) |

Although the transferrin saturation is normal, the ferritin result below 15 ug/L indicates iron deficiency.

During the reproductive years, iron deficiency in women is usually due to multiparity or heavy menstrual losses. Investigation of the gastrointestinal tract for a source of blood loss may be indicated.

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## HAEMATOLOGY

Date Collected 02 Apr 24  
Time Collected 13:30  
Specimen Type: EDTA

|      |            |                   |              |      |     |                  |               |
|------|------------|-------------------|--------------|------|-----|------------------|---------------|
| Hb   | 127        | g/L               | (115-165)    | WBC  | 7.1 | x10 <sup>9</sup> | /L (4.0-11.0) |
| RCC  | 4.6        | x10 <sup>12</sup> | /L (3.9-5.8) | Neut | 4.1 | x10 <sup>9</sup> | /L (2.0-7.5)  |
| Hct  | 0.40       |                   | (0.34-0.47)  | Lymp | 2.4 | x10 <sup>9</sup> | /L (1.0-4.0)  |
| MCV  | 87         | fL                | (79-99)      | Mono | 0.5 | x10 <sup>9</sup> | /L (0.2-1.0)  |
| MCH  | 28         | pg                | (27-34)      | Eos  | 0.1 | x10 <sup>9</sup> | /L (< 0.7)    |
| MCHC | <b>318</b> | g/L               | (320-360)    | Baso | 0.0 | x10 <sup>9</sup> | /L (< 0.2)    |
| RDW  | 15.6       | %                 | (10.0-17.0)  |      |     |                  |               |
| Plat | 281        | x10 <sup>9</sup>  | /L (150-400) |      |     |                  |               |

HAEMATOLOGY: FBC parameters show no significant abnormality.

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- Notes Required
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- On Correct Treatment