



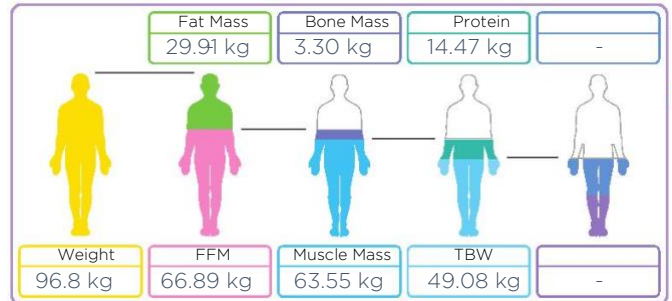
Body Composition Analyzer

Date 26/7/2024 03:40

ID	25772209		
Name	Janes f	Height	174 cm
Age	53	Type	PT

Details

	Result	Normal	Target
Weight	96.8 kg	56-76 kg	-
Fat	30.90 %	13-25%	-
Fat Mass	29.91 kg		-
Fat Free Mass	66.89 kg		-
Muscle Mass	63.55 kg		-
BMI	32.00	18.5-25	-
Metabolic Age	68.00		-

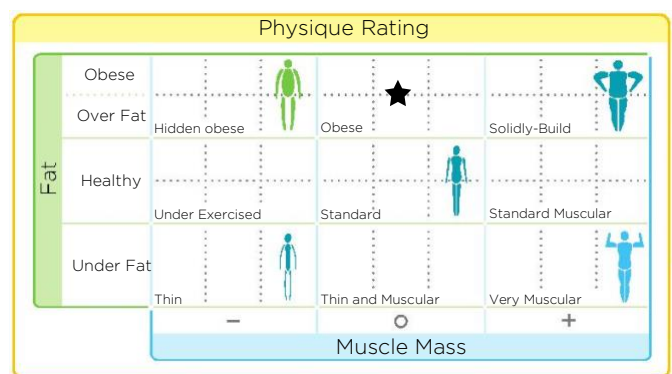


BMR - Visceral Fat Rating - TBW

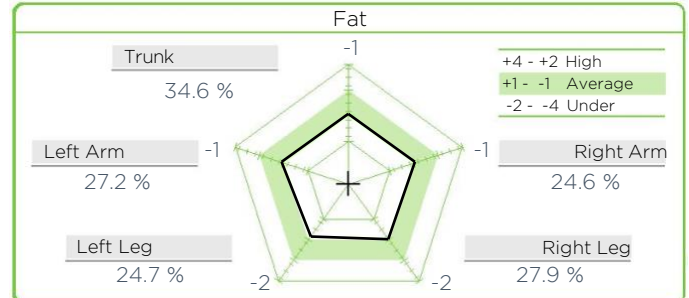
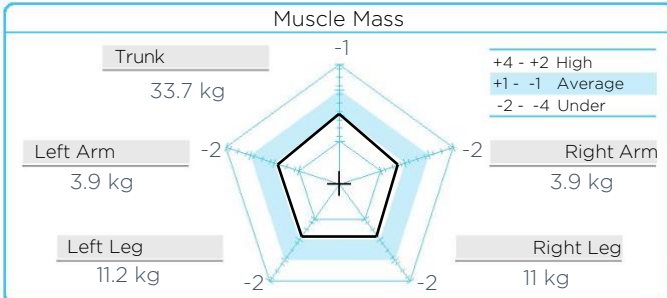
BMR	8276 kJ 1978 kcal	
-----	----------------------	--



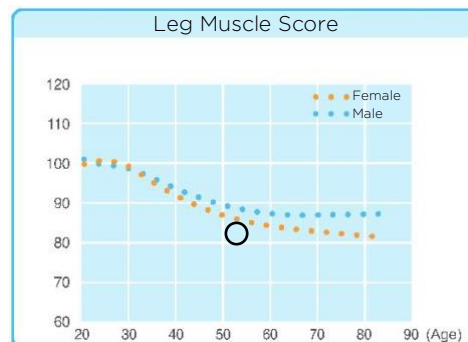
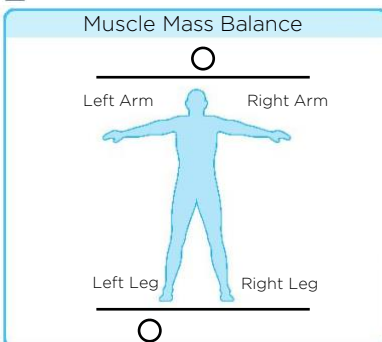
Total Body Water	50.70%	
	49:08 kg	



Segmental Analysis



Balance



History

	Weight	Muscle Mass	Fat in %
26.07.2024	96.8	63.55	30.90
Initial	96.8	63.55	30.90



Recommendations