

**Patient Name:** BLOOM, SOPHIE  
**Patient Address:** 3 SANDRIDGE ST, BONDI BEACH 2026  
**D.O.B:** 6/10/1988  
**Medicare No.:** 2675883617  
**Lab. Reference:** 855208907-C-C205  
**Addressee:** DR SISI ZHAO  
**Sex at Birth:** F  
**IHI No.:**  
**Provider:** dhm  
**Referred by:** Dr Sisi Zhao  
**Date Requested:** 30/08/2024  
**Date Collected:** 3/10/2024  
**Specimen:**  
**Subject(Test Name):** LIPIDS HDL(S)  
**Clinical Information:**

Clinical Notes : tiredness, preconception screening

<b>Date</b>	12/03/24	<b>03/10/24</b>		
<b>Time F-Fast</b>	0914 F	<b>0744 F</b>		
<b>Lab ID</b>	839747043	<b>855208907</b>	Units	Reference
Status	Fasting	<b>Fasting</b>		
Cholesterol	H 5.8	<b>H 6.0</b>	mmol/L	(<5.5)
Triglycerides	0.5	<b>0.4</b>	mmol/L	(<2.0)
HDL Chol.	2.1	<b>2.2</b>	mmol/L	(>1.2)
LDL Chol.	H 3.5	<b>H 3.6</b>	mmol/L	(<3.0)
Non-HDL Chol.	3.7	<b>3.8</b>	mmol/L	(<4.0)

Comments on Collection 03/10/24 0744 F:  
 Please note that the above reference limits are decision limits.  
 A flag based on these limits is an indication to review the absolute  
 cardiovascular risk for the patient. For assessment of absolute  
 cardiovascular disease risk please see [www.cvdcheck.org.au](http://www.cvdcheck.org.au)

The above decision limits are based on the European Atherosclerosis Society  
 (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine  
 (EFLM) Consensus Statement 2016 and the Australasian Association of  
 Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting  
 Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular disease:

Total cholesterol	<4.0 mmol/L
Triglyceride	<2.0 mmol/L
HDL cholesterol	>1.0 mmol/L
LDL cholesterol	<2.5 mmol/L (<1.8 mmol/L for very high risk)
Non-HDL cholesterol	<3.3 mmol/L (<2.5 mmol/L for very high risk)

High risk - Primary prevention      Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for  
 any measured lipid components moving towards and beyond the various target  
 levels.

Tests Completed: LFT(s), Lipids(s), C(s), UCreat(s), E(s), Glu(s), Phos(s),  
UA(s), Lipids HDL(s), Ca(s), CRP(s), Mg(s), FBC(e)  
Tests Pending : Fol(s), Iron(s), TFT(s), Active B12(s), Gliadin/TTG(s),  
RubG(s), VarG(s)  
Sample Pending :