

# Admission checklist for long Covid clinic

<b>Patient name and surname: Orida ARMOUR LUSHMOOR</b> <b>DOB: 27 September 1973</b> <b>Date of Covid +ive: June 2022 and June 2024</b> <b>Vaccine (how many before and after infection): 2 x Pfizer mRNA vaccines in October 2021. Both before Covid infections. Nil Covid vaccines after Adverse Reactions as my health has been severely damaged by the first two Pfizer mRNA vaccines. Almost 3 years later and I have received no government or health care for Covid vaccine injury and resulting Long Covid.</b> <b>Medicare card number: 2699 13873 4 1</b> <b>Expiry date: 07/2025</b> <b>Next of Kin: Mr Linn ARMOUR 0457 913 686 Husband</b> <b>GP: Dr Hannah Burn, Old Linton Medical Practice Yass NSW 2582 ph 02 6226 3697</b> Please write a <b>name of a physician</b> you have seen (if you remember, otherwise just tick)	
<b>Height and weight</b>	183cm. 110kg
<b>Spirometry</b>	Nil
<b>Respiratory consultant</b>	Ni
<b>Cardiologist</b>	Waiting to be triaged for referral to St Vincent's Hospital Cardiology
<b>ENT</b>	Nil
<b>Immunologist</b>	Prof Robert Clancy - Centre for Digestive Diseases, Five Dock, NSW
<b>Psychology</b>	Nil
<b>Psychiatrist</b>	Nil
<b>Neurologist</b>	Prof Susan Tomlinson - St Vincent's Hospital Outpatients Neurology Clinic
<b>Rehab</b>	Nil
<b>Physiotherapist Occupational therapist Exercise physiologist</b>	Nil
<b>Social (working status before and post covid, who you live with)</b> <ul style="list-style-type: none"> <li>• <b>Prior to Pfizer vaccine damage October 2021 - Seasonal berry farming with my husband. Establishing new orchard on property. Fencing, tree planting, pruning, picking, packing, marketing, sales, manual farm work on property. Selling produce at markets. Part time gardening business run</b></li> </ul>	

in Canberra. Selling stock on the internet. Walking the dogs, ca After Pfizer vaccine injuries- damage to eyes; like looking through wet a windscreen, eye pressure like they are going to explode with pain, multiple focuses daily - from no reading glasses to four or five different focuses. Prior to Pfizer vaccine I only needed small magnification for reading only. Profound, enduring and debilitating fatigue to the point of needing to just concentrate to keep involuntary functions like breathing going, brain fog. Steady decline over a year, GP unwilling to recognise my health decline until emergency ambulance hospital admission in October 2022. This was compounded by first Covid infection in June 2022 which I was not able to not recover from. Profound fatigue, depilating cough, fevers and chills, sweats, etc. My husband and i closed our Garden run in Canberra as we were too sick to do the work - even though this was enjoyable, easy work. This Covid infection was still found to be pathologically lingering at Calvary Hospital admission in October 2022. End of September 2022 my husband and I planned for me to take a month off work as I was unable to sustain my four day a week Short Order Cook position, basic home duties and I was so depleted and exhausted. During/ after this Covid infection I was trying to prepare berry orchard for start of Berry season, working 4 days a week as casual cook, regular sheep work/care on the farm, care for chooks, planting trees on the farm, picking strawberries, selling at markets, growing seasonal market garden crops for sale, off grid life style. In early October, over night I lost my ability to walk and control my bladder, severe headache, fevers, rigours, photophobia, profound fatigue. Ambulance to Yass hospital (initially thought to have Meningitis) and transferred to Calvary Hospital Canberra (2 weeks). Locked in Covid Isolation for very low Covid infection, Encephalitis, Ataxic gait, Cytomegalovirus, Epstein Barr Virus, Polyuria, Acidosis, Hypophosphataemia, Hypomagnesemia, Deranged liver function, etc. Very little medical support or having to fight for any care after discharge, no matter the evidence or request for assistance. This was the first time in my life I have been admitted to hospital. I had to fight to get Jobseeker financial support - needing federal local member to intervene as Centrelink still hadn't processed claim at nearly 3 months and left without financial support. Applied for multiple jobs and job interviews. Successful in full time Administration position with National Parks, Tumut office. I was also offered a full time position with Centrelink at the same time. I lasted 3 months at the National Parks job and I really liked it. I was in so much pain, very difficult for me to walk, brain fog, my eyes were excruciating and difficult for me to read. The fatigue

was profound, the incontinence was debilitating. I was unable to attend field meetings as I couldn't manage my incontinence, pain, travel or capacity to walk. I was at the point where I couldn't walk to the staff lunch room as it was too far for me and eventually walking the 10 metres to my manager's office was excruciating and too much. There was also a flight of stairs I needed to get to my desk space and also to descend to access the toilet. I resigned in March 2023. I had my first appointment Prof Robert Clancy in March 2023. In May 2023 I was trialled on Ivermectin 24mg daily for a fortnight. Nothing noted during the first two weeks. It was between week 2 and week 3 that I experienced 3 days of totally normal health. I could walk naturally, no pain, no brain fog, no eye ball pain, no fatigue, etc. Then my health completely crashed. I started Ivermectin again along with Curcumin, Bromelaine and Nattokinase / McCullough Protocol. My health crashed on this combination. I was diagnosed with Long Covid and Long Vaccine by Prof Robert Clancy in October 2023. Around October 2023 I came across Naturopath Mona Hecke, who knew about McCullough Protocol/ Prof Clancy/ Covid Vaccine injury/ Long Covid and she has been fantastic in prescribing supplements/ dietary advice / healthcare in helping to get some relief and between Prof Clancy and Mona Hecke the most stability I have experienced since October 2021 Pfizer vaccine damage. February 2024 I was seen by St Vincent's Hospital Liver Clinic as I was still experiencing viral hepatitis/ liver pathology still not back in normal range after Calvary Hospital admission in October 2022. In March 2024 I was diagnosed by A/Prof Susan Tomlinson again with Long Covid and Long Vaccine/Injury. I have had fluctuating symptoms that are still not under control. In March 2024 I contracted Ross River Virus and was in agony and needed to use a wheelchair for movement. I had a calcium response with nodules appearing overnight on my right big toe joint, my right and left thumb joints. The left thumb nodule has gone, the right thumb nodule half gone and the big toe nodule has remained so far. I was also diagnosed with Fibromyalgia during this period and three ED presentations for extreme pain and barely able to walk. In May 2024 I was seen by St Vincent's Hospital IBAC Dr Romeo Torres for Ross River Virus investigation. In June 2024 I caught Covid for the second time when attending my husband at Vincent's Hospital admission for 3 weeks for Cardiac and ultimately Multi-organ Sarcoidosis. I experienced a bad cough for over three months, the veins in my legs especially my left calf all raised above the skin and looked varicosed. The muscles and nerves in my legs but especially my calves pulsed like fairy lights and looked like

something moving under my skin. I experienced very slow function in my body, especially at rest/ sleep/ fatigue. My body was withdrawing to just keeping my torso function to barely going. I had to focus on keeping breathing function and often felt a feeling of doom. I was given a Heart Halter study where I was found to be experiencing Bradycardia. I have been referred to St Vincent's Hospital Cardiology for triage. I was diagnosed with Pleurisy and Costochondritis from Covid. I live with constant pain. I have urinary urgency and incontinence and sexual dysfunction.

- I live with my husband and two dogs. We had to give away all our chooks as we have been too unwell to care for them. We have recently had to rehome our sheep - 33, as we are too unwell to care for them. We had to close our Gardening run, our tiny House hosting, our berry and veg produce growing and selling Farming business, running our farm and having to close our Family Trust. My husband is also diagnosed with Long Covid/ Long vaccine/injury by Prof Clancy. We both had Pfizer x 2, same batch, same vial, same time, same nurse. In June 2024 my husband was diagnosed by St Vincent's with multi-organ Sarcoidosis - pulmonary, lymphatics, kidneys, heart along with Myocarditis, Renal failure. I have been declined Disability Support Pension. I have started another Disability Support Pension claim in May 2024 which is still progressing.
- I am a non smoker.

#### Past medical history

- Listed in 'Social' Section

#### Medications:

##### Current

- Ivermectin 12.5 mg x 1 capsule daily
- Vitamin C 1000mg x 2-3 times daily
- Magnesium complex powder 270mg x twice daily
- Quercetin 500mg capsule x 2 twice daily
- Digestive Enzymes 1 capsule x 3 times daily
- Acetyl L-Carnitine 500mg x 2 capsule twice daily
- Serracleanse complex (Serrapeptase 20mg, Nattokinase 100mg, Magnesium 266mg) 1 capsule twice daily
- NAC 600mg 1 capsule twice daily

##### Previously

- Ivermectin 24mg titrate down to 12.5mg functioning dose
- Tramadol
- Paracetamol/Codeine
- Endone
- Paracetamol

- **And as covered in 'Social' Section**
- **I can't remember all the medications given to me in Calvary hospital other than Dexamethosone.**

### **Symptoms on Acute Phase (first few weeks of infection)**

**Listed in 'Social' Section.**

### **Treatments since covid infection**

**Listed in 'Social' Section.**

**Doctors' reviews:**

**As per documents supplied in my St Vincent's medical file, attached with Long Covid Admission and mentioned in 'Social' Section.**


Please **rate** the severity of the **current** associated symptoms below out of 10 and **comment** in a few words  
(10 is the worst, 0 means no symptoms)

#### ***Shortness of breath:***

***Rest: (0)***

- ***Dressing: (0)***
- ***Climbing stairs: (4)***
- ***Are you using any Inhaler: (0)***
- ***Cough: (0) Costochondritis from Covid cough (6)***
- ***Swallowing: (0)***
- ***Weight gain/loss: Over 20kgs gained (9)***
- ***Continence: Urinary incontinence and Urgency (9)***
- ***Palpitation (heart racing) or chest pain/tightness: (2-10 episodic)***
- ***Dizziness: (0)***
- ***fatigue: (10)***

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- ***Sleep quality: (2)***
  - ***Brain fog: (7)***
  - ***Pain: (9)***
  - ***Anxiety: (0-10 episodic based levels on severe pain, ataxic gait, ?bradycardia, incontinence, fatigue, etc)***
  - ***Depression (0)***
  - ***Additional symptoms***
  - ***Ataxic Gait: (10)***
  - ***Sexual dysfunction (9)***
  - ***Muscle cramps and paralysis (2-10 episodic)***
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