



CARDIAC HEALTH INSTITUTE

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Tuesday, 5 October 2021

Dr Andrea Peiser
7 Melaleuca Dr
ST IVES NSW 2075

Dear Andrea,

**RE: Mr Michael Birch, DOB: 24/04/1992
18/364 Livingstone Rd, MARRICKVILLE NSW 2204**

Mike was provided with a phone review this afternoon. He had discontinued Nurofen since last Thursday.

Michael continues to have occasional, daily palpitation and intermittent chest discomfort, probably worse in supine position, no associated symptoms, in particular no dizziness, presyncope or syncope. Symptoms overall are not worse by any measure and probably slightly better.

There have been some episodes of loose stool on Colchicine.

I recommend continuing with Colchicine 0.5 mg 2x/d and encouraged hydration, and will review Michael in a week.

With warm regards,

Professor Hosen Kiat