

Dr Hugh O'Sullivan

INSTANTSCRIPTS

Level 8

637 Flinders Street

DOCKLANDS VIC 3008

Ref by:Dr G Kremmidiotis

FLINDERS FERTILITY

24 Gordon Street, GLENELG 5045

O1870

PST/---/---/---/---

Ph: 0881555333

Amelia BOLT

Lab ID : 467596531

5/65 Balmoral Avenue

Warradale 5046

DOB : 26/10/1982 (42 Yrs)

Sex : Female

Ph : 0438701091

Your Ref :

Requested : 06/11/2024

Collected : 10/11/2024 08:47

Received : 10/11/2024 08:51

Printed : 10/11/2024 11:18

Lipids and HDL	Current Result			Units	Reference
Date	10/11/24	12/04/21	27/04/17		
Time	08:47	08:06			
Lab ID	467596531	460209519	454382615		
Status	Fasting	Fasting	Unknown		
Total Cholesterol	4.0	3.6	4.5	mmol/L	(3.5-5.5)
Triglycerides	0.3	0.5	0.5	mmol/L	(0.0-1.5)
HDL Chol.	1.8	1.7	2.1	mmol/L	(1.0-2.2)
LDL Chol.	2.1	1.7	2.2	mmol/L	(0.0-2.5)
Chol/HDL Ratio	2.2	2.1	2.1		(0.0-4.5)
Non HDL Chol.	2.2	1.9		mmol/L	(< 3.9)

Comment on Lab ID 467596531

TARGET LEVELS:
The National Vascular Disease Prevention Alliance (NVDPA) treatment target levels for high risk people (known coronary heart and other arterial disease, diabetes, chronic renal failure, Aboriginal and Torres Strait Islander peoples) are:

Total Cholesterol < 4.0 mmol/L
HDL-Cholesterol > = 1.00 mmol/L
Fasting Triglycerides < 2.0 mmol/L
Non-HDL Cholesterol < 2.5 mmol/L

Increased non-HDL Cholesterol is a significant marker for subclinical atherosclerosis (ref: Cardiology Today 2013; 3(2) : pp25-27).