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Dr Natalia CARTER
Blackbutt Doctors Surgery
Level 1/58 Orchardtown Rd
New Lambton NSW 2305

Dear Natalia

Re: Mrs Rebecca FRANCIS D.O.B: 06/01/86
34 Dudley Road, CHARLESTOWN NSW 2290

Background: 1). Recurrent chest pain Dec 2021, exertional dyspnoea ~ 12 weeks. ?pericarditis after Pfizer CoVID vaccination early Sep 2021, managed on Colchicine with improvement. Increased chest pain after CoVID infection April 2022. 2). Vascular risks - Non-smoker. Alcohol intake 2 bottles of wine/week. No family history of IHD. Father has haemochromatosis. 3). Gallstones 4). Pyelonephritis May 2021. 5). Appendectomy 6). Works as a general manager of 5 chiropractic clinics. Lives with her husband, has 2 sons.

Medications: Colchicine 0.5mg TDS for 1 month (then 0.5mg BD for 1 month, then daily for 1 month), Propranolol 20mg BD, Leven ED 1 daily, Lexapro 10 mg 1/2 daily.

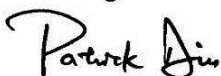
I had a telehealth phone consultation with Mrs Francis today. She has reported some persistent chest pain but this has improved since increasing her Colchicine to 0.5mg TDS a few weeks ago. She has reported some exertional dyspnoea and gets breathless after walking for about half an hour. She has reported feeling very tired, needing to sleep up to 14 hours a day.

Her recent blood pressure with 135/90 while she was having chest pain. Blood pressure has been on the low side at other times, down to BP 97/70. Body weight has been stable around 83 kg.

Her cardiac MRI in June 2022 showed a faint sub-epicardial late enhancement involving the basal inferolateral wall, in keeping with her previous history of myocarditis. Left ventricle systolic function was normal (EF 56%).

Mrs Francis has had chest pain related to peri-myocarditis, likely related to her previous CoVID vaccination and CoVID infection. Colchicine was continued to manage this and we shall try to reduce this to 0.5mg BD in a month and try weaning this off after a further month. A sleep study to screen for sleep apnoea may be worthwhile considering given her excessive tiredness. I plan to see her again in 6 months.

Warm regards



Dr Patrick Diu