



Health
Hunter New England
Local Health District

John Hunter Hospital Discharge Referral Emergency Medicine (Emergency Department Discharge Referral)

MRS Rebecca Leigh FRANCIS

To: Dr Natalia CARTER

2718727 /2718727

[DoB: 06/01/1986] Female

34 Dudley Road, Charlestown, NSW, 2290, Australia

Ph: 0417877991

Admitted: 16/09/2021 06:56

Room: JHEDC04

Hospital Address

John Hunter Hospital

Lookout Road, New Lambton NSW 2305

Telephone: (02) 4921 3000

Fax: (02) 4921 3999

ED Attendance Details (Abbreviated)

Start Date: 16 Sep 2021 06:56 End Date:

Seen By: WATTS, Dr Adrian

Triage Nurse Notes: Self presents with 3/7 hx of intermittent L) sided chest pains- states feels like spasm pain. Had Pfizer vacc 11/7 ago. O/E Alert, GCS15- talking in full sentences but feels SOB. Pain worse on inspiration. P-78 Spo2-100% T-36.6 Phx: Kidney infection, Appendectomy NKDA

Presenting Problem and Significant Events

Chest tightness post-Pfizer vaccination

Assessment and Management

Dear Dr Carter,

Rebecca presented to John Hunter ED with chest tightness 11 days post dose 1 of her Pfizer vaccination. This started last Friday. She reports tightness across her chest and intermittent left-sided discomfort. Her symptoms are intermittent and not affected by position. She was still able to do an hour on the bike without problems, which was reassuring. She has no history of VTE. She has had an increase in anxiety recently relating to her son who has a disability. She restarted her Escitalopram on Monday of this week.

Examination was essentially normal with no pericardial rub. Her ECG showed no changes of pericarditis and her troponin was <3. This makes peri/myocarditis very unlikely.

I've advised her to see how she goes. If she develops more significant pain or breathlessness she will return to ED for review. I've assured her that she is safe to proceed with her second vaccination.

Yours Sincerely,

Dr Adrian Watts (ED CMO)

Diagnoses

Primary Diagnosis

· Non-cardiac chest tightness

Medication Plan

· No changes to medications during admission

- Changes to existing (preadmission) medications discussed with patient / carer: N/A
- Discharge medication list with action plan given to patient / carer: No

Author: Adrian Watts (Career Medical Officer)

Signature:

Date & Time: 16/09/2021 08:29