



Health
Hunter New England
Local Health District

John Hunter Hospital Discharge Referral Emergency Medicine (Emergency Department Discharge Referral)

MRS Rebecca Leigh FRANCIS

To: Dr Natalia CARTER

2718727 /2718727

[DoB: 06/01/1986] Female

34 Dudley Road, Charlestown, NSW, 2290, Australia

Ph: 0417877991

Admitted: 19/09/2021 10:59

Room: JHEDER11

Hospital Address

John Hunter Hospital

Lookout Road, New Lambton NSW 2305

Telephone: (02) 4921 3000

Fax: (02) 4921 3999

ED Attendance Details (Abbreviated)

Start Date: 19 Sep 2021 10:59 End Date:

Seen By: O'FLYNN, Dr Micheal

Triage Nurse Notes: Pt presents with ongoing chest pain. States pain started 5 days post Pfizer vaccination. Has been investigated at JHH ED; advised she may have "inflammation around her heart". Was advised to take regular nurofen. States she has taken regular nurofen, states analgesic effect only lasts a few hours. Pain worse on deep inspiration. O/A pt talking in full sentences, nil overt distress, HR 78, SpO2 98%, RR 16, Temp 36.2 Phx allergic to codiene, vomiting ++ with anaesthetic.

Presenting Problem and Significant Events

Dear Doctor,

Thankyou for your ongoing care of Rebecca Leigh FRANCIS, a 35-year-old female who represented with chest pain approximately 2 weeks after her first dose of the Pfizer vaccine.

HISTORY OF PRESENTING COMPLAINT

- Ongoing mild chest tightness and pain
- Ongoing, not worsened by activity
- Not radiating to back
- Nil epigastric pain
- Nil change when sitting forward or leaning backward
- Recent strenuous activity

PAST MEDICAL HISTORY

- Anxiety
- Nil significant other past medical history

MEDICATIONS

- Escitalopram 10mg
- OCP

SOCIAL HISTORY

- Lives at home
- Notes son has lung issues with multiple admissions previously to JHH

O/E

- Chest clear

- Heart sounds dual, no murmur, no rub

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- Bedside USS shows nil significant pericardial effusion
- ECG normal
- Troponin <3
- CXR normal

-> Nil clinical signs of pericarditis

PLAN

- 1) Discharge home
- 2) Continue ibuprofen 400mg three times daily with meals for 3 days or as recommended by your G.P.
- 3) Follow-up with your G.P. within 1 week
- 4) Continue with second Pfizer vaccine as planned
- 5) If chest pain significantly worsens, please re-present to ED

Kind Regards,
JHH ED

Diagnoses

Primary Diagnosis

- Chest tightness

Relevant Pathology Results (only results from 30 days prior to today til now)

Haematology 19/09/2021 11:34 : Full Blood Count Order Number: 424708940

- 1.) White Cells : $4.6 \times 10^9/L$ (4.0 - $11.0 \times 10^9/L$) N
- 2.) Red Cell Count : $3.94 \times 10^{12}/L$ (3.80 - $5.80 \times 10^{12}/L$) N
- 3.) Hb (Haemoglobin) : 126 g/L (115 - 165 g/L) N
- 4.) Haematocrit : 0.370 L/L (0.320 - 0.460 L/L) N
- 5.) MCV : 94 fL (80 - 100 fL) N
- 6.) MCH : 32 pg (27 - 32 pg) N
- 7.) MCHC : 340 g/L (310 - 360 g/L) N
- 8.) RDW : 12.7 % (< 15.0 %) N
- 9.) Platelets : $294 \times 10^9/L$ (150 - $400 \times 10^9/L$) N
- 10.) MPV : 9.0 fL (7.2 - 11.1 fL) N
- 11.) Neutrophils : $2.5 \times 10^9/L$ (2.0 - $8.0 \times 10^9/L$) N
- 12.) Lymphocytes : $1.7 \times 10^9/L$ (1.0 - $4.0 \times 10^9/L$) N
- 13.) Monocytes : $0.3 \times 10^9/L$ (0.2 - $1.0 \times 10^9/L$) N
- 14.) Eosinophils : $0.1 \times 10^9/L$ (< $0.5 \times 10^9/L$) N
- 15.) Basophils : $0.1 \times 10^9/L$ (< $0.1 \times 10^9/L$) N

Biochemistry 19/09/2021 11:34 : Routine Chemistry Order Number: 424708940

- 1.) Sodium : 137 mmol/L (135 - 145 mmol/L) N
- 2.) Potassium : 4.8 mmol/L (3.5 - 5.2 mmol/L) N
- 3.) Chloride : 108 mmol/L (95 - 110 mmol/L) N
- 4.) Bicarb PRE : 24 mmol/L (22 - 32 mmol/L) N
- 5.) Urea : 5.4 mmol/L (3.0 - 7.0 mmol/L) N
- 6.) Creatinine : 64 umol/L (45 - 90 umol/L) N
- 7.) GFR Estimate : >90 mL/min/1.73m2 (> 60 mL/min/1.73m2) N Status: (Corrected)
- 8.) Anion Gap (Calc) : 10 mmol/L (7 - 17 mmol/L) N
- 9.) Protein (Total) : 66 g/L (60 - 80 g/L) N
- 10.) Albumin : 37 g/L (31 - 47 g/L) N
- 11.) Calc. Globulin : 29 g/L (22 - 42 g/L) N
- 12.) Bilirubin (Total) : 7 umol/L (< 20 umol/L) N
- 13.) GGT : 20 U/L (5 - 35 U/L) N
- 14.) ALP : 43 U/L (30 - 110 U/L) N
- 15.) ALT : 13 U/L (10 - 35 U/L) N
- 16.) AST : 19 U/L (10 - 35 U/L) N

Biochemistry 19/09/2021 11:34 : Troponin Order Number: 424708940

1.) Troponin I : < 3 ng/L (< 16 ng/L) N

Medication Plan

- No changes to medications during admission.
- Changes to existing (preadmission) medications discussed with patient / carer: Yes
- Discharge medication list with action plan given to patient / carer: No

Author: Koshy Mathew (Resident Medical Officer)

Signature: 

Date & Time: 19/09/2021 13:30