



Health
Hunter New England
Local Health District

John Hunter Hospital Discharge Referral Emergency Medicine (Emergency Department Discharge Referral)

MRS Rebecca Leigh FRANCIS

To: Dr Natalia CARTER

2718727 /2718727

[DoB: 06/01/1986] Female

34 Dudley Road, Charlestown, NSW, 2290, Australia

Ph: 0417877991

Admitted: 22/01/2023 19:31

Room: JHEDC02

Hospital Address

John Hunter Hospital
Lookout Road, New Lambton NSW 2305
Telephone: (02) 4921 3000
Fax: (02) 4921 3999

ED Attendance Details (Abbreviated)

Start Date: 22 Jan 2023 19:31 End Date:

Seen By: HEBBLEWHITE, Dr Samuel

Triage Nurse Notes: BIBA with chest tightness and breathlessness- states approx 1800hrs- sudden onset- states on lounge- describes banding ache in chest, noted PR up to 164 on fitbit monitor- has taken 400mg nurofen, 1gm panadol, 300mg aspirin approx 1850 with nil relief- O/E pt alert, talking in full sentences- states also has costocondritis at present- BP 130/81 Sao2 97%ra PR 96- Hx pericarditis/myocarditis post covid vax 18/12 ago- on colchicine, lexapro, Allergy- codeine, morphine-

Presenting Problem and Significant Events

37 yo female with episode of palpitations / chest pain / SOB this evening
- occurred at rest
- not recently unwell, no cough / coryza / fevers
- no nausea / vomiting
- similar episode 1/52 ago, has also had multiple previous similar episodes

B/g:

- Myocarditis / Pericarditis post Pfizer COVID vaccine 18/12 ago
- > known to Dr Diu (Cardiology)
- Long COVID post infection ~9/12 ago
- > attends Long COVID clinic at Rankin Park
- Costochondritis
- Anxiety
- Non-smoker
- No hx VTE / IHD

O/E:

- Obs normal, afebrile
- Chest clear
- HSDNM
- Generalised tenderness of chest wall
- Calves soft, non-tender

Serial ECG's - normal sinus rhythm

Bloods: WCC 5.9, CRP 1.0

Trops <3 and <3

CXR: clear lung fields

HEART score: 0 - low risk
PERC negative

IMP: Atypical chest pain

PLAN:

1. Discharge home
2. Follow-up with GP within the next week to monitor progress
3. If unwell, worsening symptoms, or any concerns, please seek medical care sooner.

Diagnoses

Primary Diagnosis
· Atypical Chest Pain

Relevant Pathology Results (only results from 30 days prior to today til now)

Biochemistry 23/01/2023 00:30 : Troponin Order Number: 467915091
1.) Troponin I : < 3 ng/L (< 16 ng/L) N

Haematology 22/01/2023 20:00 : Full Blood Count Order Number: 467906693

- 1.) White Cells : $5.9 \times 10^9/L$ (4.0 - $11.0 \times 10^9/L$) N
- 2.) Red Cell Count : $3.83 \times 10^{12}/L$ (3.80 - $5.80 \times 10^{12}/L$) N
- 3.) Hb (Haemoglobin) : 123 g/L (115 - 165 g/L) N
- 4.) Haematocrit : 0.362 L/L (0.320 - 0.460 L/L) N
- 5.) MCV : 94 fl (80 - 100 fl) N
- 6.) MCH : 32 pg (27 - 32 pg) H
- 7.) MCHC : 341 g/L (310 - 360 g/L) N
- 8.) RDW : 12.8 % (< 15.0 %) N
- 9.) Platelets : $298 \times 10^9/L$ (150 - $400 \times 10^9/L$) N
- 10.) MPV : 8.0 fl (7.2 - 11.1 fl) N
- 11.) Neutrophils : $3.4 \times 10^9/L$ (2.0 - $8.0 \times 10^9/L$) N
- 12.) Lymphocytes : $1.8 \times 10^9/L$ (1.0 - $4.0 \times 10^9/L$) N
- 13.) Monocytes : $0.3 \times 10^9/L$ (0.2 - $1.0 \times 10^9/L$) N
- 14.) Eosinophils : $0.3 \times 10^9/L$ (< $0.5 \times 10^9/L$) N
- 15.) Basophils : $0.1 \times 10^9/L$ (< $0.1 \times 10^9/L$) N

Biochemistry 22/01/2023 20:00 : Routine Chemistry Order Number: 467906693

- 1.) Sodium : 136 mmol/L (135 - 145 mmol/L) N
- 2.) Potassium : 3.6 mmol/L (3.5 - 5.2 mmol/L) N
- 3.) Chloride : 103 mmol/L (95 - 110 mmol/L) N
- 4.) Bicarb PRE : 21 mmol/L (22 - 32 mmol/L) L
- 5.) Urea : 4.7 mmol/L (3.0 - 7.0 mmol/L) N
- 6.) Creatinine : 62 $\mu\text{mol}/L$ (45 - 90 $\mu\text{mol}/L$) N
- 7.) GFR Estimate : >90 mL/min/1.73m² (> 60 mL/min/1.73m²) N Status: (Corrected)
- 8.) Anion Gap (Calc) : 16 mmol/L (7 - 17 mmol/L) N
- 9.) Protein (Total) : 69 g/L (60 - 80 g/L) N
- 10.) Albumin : 41 g/L (31 - 47 g/L) N
- 11.) Calc. Globulin : 28 g/L (22 - 42 g/L) N
- 12.) Bilirubin (Total) : 4 $\mu\text{mol}/L$ (< 20 $\mu\text{mol}/L$) N
- 13.) GGT : 35 U/L (5 - 35 U/L) N
- 14.) ALP : 73 U/L (30 - 110 U/L) N
- 15.) ALT : 36 U/L (10 - 35 U/L) H
- 16.) AST : 34 U/L (10 - 35 U/L) N
- 17.) CRP - C Reactive Protein : 1.0 mg/L (< 5 mg/L) N

Biochemistry 22/01/2023 20:00 : Troponin Order Number: 467906693

- 1.) Troponin I : < 3 ng/L (< 16 ng/L) N

Investigations

- Further results of Medical Imaging done at this visit are available from the Medical Imaging Department at the Hospital the patient attended. Please call switchboard number listed in the Hospital details.

Allergies Adverse Reactions

- Status: None Supplied

Medication Plan

- Changes to existing (preadmission) medications discussed with patient / carer: N/A
- Discharge medication list with action plan given to patient / carer: No

Discharge and Followup

- Discharge Destination: Home

Author: Samuel Hebblewhite (Resident Medical Officer)

Signature: 

Date & Time: 23/01/2023 02:47