



Welcome to the future of health and human potential

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DOB: 01/27/70
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Date: 09/06/24

Gene	Gene Rsid	Wild Type	Heterozygous	Homozygous
5-HT2A	5-HT2A-rs6314	GG		
	5-HT2A-rs6311		CT	
	5-HT2A-rs6313		AG	
9p21	9p21-rs4977574	AA		
ABCG2 (Q141K)	ABCG2 (Q141K)-rs2231142	GG		
ACAT1-02	ACAT1-02-rs3741049	GG		
ACE1 G2350A	ACE1 G2350A-rs4343			AA
ACE2 A8790G	ACE2 A8790G-rs2106809		AG	
ACSL1	ACSL1-rs9997745	GG		
ACTN3	ACTN3-rs1815739		CT	
ADD1	ADD1-rs4961		GT	
ADIPOQ	ADIPOQ-rs2241766		GT	
ADRB2	ADRB2-rs1042713	GG		
	ADRB2-rs1042714			GG
AGTR1	AGTR1-rs5186		AC	
ALDH2	ALDH2-rs671	GG		
ANKK1	ANKK1-rs1800497	GG		
APB1	APB1-rs10156191	CC		
APOA2	APOA2-rs5082	AA		
APOE You have the ApoE e2/e4 genotype. While not as impactful as the e4/e4 genotype, the latest research has found e2/e4 to be similar to the e3/e4 genotype. Research has found this genotype to be associated with increased plasma cholesterol, lower antioxidant protection, and a reduced ability to repair synapses and protect neurons. Read more under the Macronutrient Metabolism section under My Health Report.	APOE-rs429358		CT	
	APOE-rs7412		CT	
ARMS2	ARMS2-rs10490924	GG		
ATM D1853N	ATM D1853N-rs1801516	GG		
2BCMO1	BCMO1 A379V-rs7501331		CT	
	BCMO1 R267S-rs12934922	AA		

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BDNF	BDNF-rs6265	CC		
BHMT	BHMT-rs3733890	GG		
CAT C-262T	CAT C-262T-rs1001179	CC		
CBS	CBS-rs234709		CT	
CBS 191150T	CBS 191150T-rs4920037		AG	
CBS A13637G	CBS A13637G-rs2851391		CT	
CFH	CFH-rs1061170	TT		
COL1A1	COL1A1-rs1800012	CC		
COMT	COMT-rs4680		AG	
	COMT-rs4633		CT	
COQ2	COQ2-rs4693596	TT		
CTH	CTH-rs1021737		GT	
CYP17A2	CYP17A2-rs743572	AA		
CYP1A1	CYP1A1-rs1048943	TT		
CYP1A2	CYP1A2-rs762551		AC	
CYP1B1*6 L432V	CYP1B1*6 L432V-rs1056836		CG	
CYP27B1	CYP27B1-rs4646536			AA
CYP2C19*17	CYP2C19*17-rs12248560	CC		
CYP2C9*3 A1075C	CYP2C9*3 A1075C-rs1057910	AA		
CYP2D6 T100C	CYP2D6 T100C-rs1065852		AG	
CYP2E1	CYP2E1-rs2031920	CC		
CYP2R1	CYP2R1-rs10741657			GG
CYP3A4*1B	CYP3A4*1B-rs2740574	TT		
DAO C2029G	DAO C2029G-rs1049793		CG	
DHCR7	DHCR7-rs12785878	TT		
DHFR A20965G	DHFR A20965G-rs1643659		CT	
3 DHFR C19483A	DHFR C19483A-rs1677693		GT	
DI01	DI01-rs2235544			AA

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DI02	DI02-rs225014		CT	
ESR2	ESR2-rs4986938	CC		
	ESR2-rs2987983	AA		
F5	F5-rs6025	CC		
FAAH	FAAH-rs324420		AC	
FADS1	FADS1-rs174546	CC		
FADS2	FADS2-rs1535	AA		
	FADS2-rs174575	CC		
FTO	FTO-rs9939609			AA
	FTO-rs17817449			GG
FUT2	FUT2-rs601338	GG		
GAD1	GAD1-rs3749034		AG	
	GAD1-rs3791851		CT	
	GAD1-rs2241165		CT	
	GAD1-rs3791850		AG	
GATA3	GATA3-rs4143094		GT	
GC	GC-rs2282679		GT	
GPX1	GPX1-rs1050450		AG	
GSTM1	GSTM1-rs366631	AA		
GSTP1 C341T	GSTP1 C341T-rs1138272	CC		
GSTP1 I105V	GSTP1 I105V-rs1695			GG
HFE-C282Y	HFE-C282Y-rs1800562	GG		
HLA DQ2.5	HLA DQ2.5-rs2187668	CC		
HLA-DQ8	HLA-DQ8-rs7454108	TT		
HNMT	HNMT-rs1050891	AA		
HNMT C314T	HNMT C314T-rs11558538	CC		
IL-10	IL-10-rs1800872	GG		
	IL-10-rs1800871	GG		
	IL-10-rs1800896		CT	
IL6	IL6-rs1800795		CG	
LCT	LCT-rs4988235			AA
LPA	LPA-rs3798220		CT	

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LZTFL1	LZTFL1-rs17713054	GG		
MAO-A	MAO-A-rs6323	TT		
MDM2	MDM2-rs2279744	TT		
MLH1	MLH1-rs1800734	GG		
MTHFD1 G1958A	MTHFD1 G1958A-rs2236225		AG	
MTHFR 1298	MTHFR 1298-rs1801131			GG
MTHFR 677	MTHFR 677-rs1801133	GG		
MTNR1B	MTNR1B-rs10830963		CG	
MTR A2756G	MTR A2756G-rs1805087	AA		
MTRR A66G	MTRR A66G-rs1801394		AG	
NAT2	NAT2-rs1495741	GG		
NBPF3	NBPF3-rs4654748		CT	
NOS1	NOS1-rs3782218		CT	
NOS2	NOS2-rs2248814		AG	
NQO1	NQO1-rs1800566	GG		
PEMT	PEMT-rs7946		CT	
	PEMT-rs12325817		CG	
PON1	PON1-rs662		CT	
PPAR-alpha	PPAR-alpha-rs1800206	CC		
PPARGC1A	PPARGC1A-rs8192678	CC		
PPCDC	PPCDC-rs2120019		CT	
SELENBP1	SELENBP1-rs2769264	TT		
SHBG	SHBG-rs1799941		AG	
	SHBG-rs12150660	GG		
SIRT1	SIRT1-rs7895833	AA		
SLC17A7	SLC17A7-rs74174284	CC		
SLC23A1	SLC23A1-rs33972313	CC		
SOD2	SOD2-rs4880		AG	
SOD3	SOD3-rs1799895	CC		
5 TCF7L2	TCF7L2-rs7903146	CC		
TCN2 C766G	TCN2 C766G-rs1801198		CG	

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TFR2	TFR2-rs7385804	AA		
TMPRSS2	TMPRSS2-rs2070788		AG	
TNFA	TNFA-rs1800629	GG		
TP53	TP53-rs1042522		CG	
VDR-FOK	VDR-FOK-rs2228570		AG	
VKORC1*2	VKORC1*2-rs9923231	CC		
XRCC3	XRCC3-rs861539	GG		