

GWELUP WA 6018

### **GEORGE COSTOPOULOS**

Lab ID 421032722

DOB 27/02/1954 (70 Yrs MALE)

Your ref. 5148

Address PO BOX 760

BALCATTA PO BOXES WA 6914

Phone 0418929316

Phone 92448588

Copy to Email Patient Copy (0893714200)

Address GWELUP MEDICAL CENTRE 698 NORTH BEACH ROAD

Requested 23/01/2025

Collected 24/01/2025 00:00

Received 24/01/2025 14:19

### Iron Studies

Clinical Notes . Fasting.

Test Name	Result	Units	Reference Interval	
Iron	22	umol/L	5 - 30	was10
Transferrin	32	umol/L	25 - 40	
Saturation	34	%	10 - 45	
Ferritin	72	ug/L	30 - 500	was 44

CA

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Reported on 24-01-2025 15:48

medications:

Meltrexate: arthirits Lexapro: anti depression

Nexium: Reflux

Revostatin: atherosclerosis

medications may be contributing to raised liver enzymes and bone marrow suppression affecting sodium levels

### **C Reactive Protein**

Test Name	Result	Units	Reference Interval		
CRP	4	mg/L	<5	was 5.81	optimal < 3

### Comments

Note: This test is not suitable as a prognostic tool for assessing cardiovascular risk. High sensitivity CRP (hsCRP) should be requested in such cases.

CA

supplements: Heme Iron Activated B's

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### **General Chemistry**

Test Name	Result	Units	Reference Interval		
Urea	5.6	mmol/L	3.5 - 9.5	was 6	.9
Creatinine	97	umol/L	60 - 115	was 10	01
eGFR	68		>59		
<ul><li>Sodium</li></ul>	134 L	mmol/L	135 - 145	was 139	investigat
Potassium	4.9	mmol/L			vooligat
Chloride	100	mmol/L	95 - 110	was 104	
Bicarbonate	25	mmol/L	20 - 32	was 28	

eGFR calculated using CKD EPI from 21-05-13.

### Comments

Kidney disease is unlikely at eGFR levels of >=60 mL/min/1.73m2.

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### Liver Function

Clinical Notes . Fasting.

Test Name	Result	Units	Reference Interval	prior	MB
AST	40	U/L	10 - 40	29	
• ALT	58 H	U/L	5 - 40	42	
Alk Phos	92	U/L	30 - 110	98	
<ul><li>Gamma GT</li></ul>	146 H	U/L	5 - 50	116	investigate
Total Bilirubin	19	umol/L	4 - 20	16	
Total Protein	68	g/L	63 - 80	75	
Albumin	40	g/L	34 - 45		
Globulin	28	g/L	23 - 39		

had been drinking day before blood draw

support liver function

### Comments

Predominant Increase of GGT is often associated with medications, viraemia or alcohol.

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### General Chemistry

Test Name	Result	Units	Reference Interval	prior
Amylase	61	U/L	20 - 120	78
Lipase	21	U/L	<50	32

Note: Method and Reference interval change 2/9/19.

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### **Thyroid Function Tests**

Test Name	Result	Units	Reference Interval	prior
TSH	2.14	mU/L	0.4 - 4.0	1.56
Free T4	11	pmol/L	9 - 19	

### Comments

Euthyroid levels.

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Clinical Notes Fasting. Collected 24/01/2025 00:00

00:00 Received 24/01/2025 14:19

### Lipids

Status	Fasting		
Cholesterol	4.0	mmol/L	< 5.0
Triglyceride	0.6	mmol/L	<2.0
HDL Cholesterol	1.9	mmol/L	>1.0
Chol/HDL Ratio	2.1		<3.5
LDL Cholesterol	1,8	mmol/L	<3.0
Non HDL Cholesterol	2.1	mmol/L	<3.9

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Non-fasting samples now accepted for lipids.

### Comments

### TARGET LEVELS:

The National Vascular Disease Prevention Alliance (NVDPA) treatment target levels for high risk people (known coronary heart and other arterial disease, diabetes, chronic renal failure, Aboriginal and Torres Strait Islander peoples) are:

Total Cholesterol <4.0 mmol/L
HDL-Cholesterol >=1.00 mmol/L
Fasting Triglycerides <2.0 mmol/L
Non-HDL Cholesterol <2.5 mmol/L

Increased non-HDL Cholesterol is a significant marker for subclinical atherosclerosis (ref. Cardiology Today 2013; 3(2): pp25–27).

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### Haematology

Clinical Notes, Fasting.

Test Name	Result	Units	Reference Interval Prior
Haemoglobin	136	g/L	130 - 180
Red cell count	4.4 L	x10^12/L	4.5 - 6.5 4.41
Haematocrit	0.41		0.40 - 0.54
MCV	93	f∟	80 - 100
MCH	31	pg	27 - 32
MCHC	334	g/L	310 - 360
RDW	16.4 H		10 - 15
White cell count	7.4	x10^9/L	4.0 - 11.0 5.8
Neutrophils	5.3	x10^9/L	2.0 - 7.5
Lymphocytes	1.0 L	x10^9/L	1.2 - 4.0 1.00
Monocytes	0.9	x10^9/L	0.2 - 1.0
Eosinophils	0.2	x10^9/L	0.0 - 0.5
Basophils	<0.1	x10^9/L	0.0 - 0.1
Platelets	150	x10^9/L	150 - 400 <b>165</b>

strengthen immune function

### Comments

The red cell RDW is slightly elevated suggesting anisocytosis. The white cell and platelet parameters are within acceptable limits.

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