

ANTONIA ZAPPIA

Lab ID 893395085

DOB 19/06/1974 (50 Yrs FEMALE)

Referrer Ms Suzanne Ellis

Address SUZANNE ELLIS HERBALIST 14A HARE STREET

GLENBROOK NSW 2773

Phone 0413923791

Your ref.

Address 121 FIFTH AVE LLANDILO NSW 2747

Phone 0414252758

Copy to Requested 26/02/2025

 Clinical Notes
 FASTING
 Collected
 26/02/2025 08:46
 Received
 26/02/2025 09:08

Lipids and HDL

Test Name	Result	Units	Reference Interval	
Status	Unknown			
Cholesterol	4.8	mmol/L	<5.5	
Triglycerides	1.9	mmol/L	<2.0	
HDL Cholesterol	1.4	mmol/L	>1.2	
LDL Cholesterol	2.5	mmol/L	<3.0	
Non-HDL Cholesterol	3.4	mmol/L	<4.0	

Comments

Please note that the above reference limits are decision limits. A flag based on these limits is an indication to review the absolute cardiovascular risk for the patient. For assessment of absolute cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine (EFLM) Consensus Statement 2016 and the Australasian Association of Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular disease:

Total cholesterol <4.0 mmol/L
Triglyceride <2.0 mmol/L
HDL cholesterol >1.0 mmol/L

LDL cholesterol <2.5 mmol/L (<1.8 mmol/L for very high risk)

Non-HDL cholesterol <3.3 mmol/L (<2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for any measured lipid components moving towards and beyond the various target levels.

NATA ACCREDITATION NO 2178

Reported on 26-Feb-25 12:57



Accredited for compliance with NPAAC standards and ISO 15189

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The Royal College of Australia

03/03/2025 08:56:02



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Thyroid Function

Clinical Notes FASTING

Test Name	Result	Units	Reference Interval	
TSH	1.42	mIU/L	0.40 - 4.00	
Free T4	12.2	pmol/L	9.0 - 19.0	
Free T3	4.1	pmol/L	2.6 - 6.0	

Comments

Euthyroid values.

NATA ACCREDITATION NO 2178

Reported on 26-Feb-25 18:17

Homocysteine

Homocysteine **4.5** L umol/L 5.0 - 12.0

NATA ACCREDITATION NO 2178

Reported on 26-Feb-25 23:52

Thyroglobulin and/or Thyroid Antibodies

NATA ACCREDITATION NO 2178

Reported on 26-Feb-25 18:17



O3/03/2025 08:56:02

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