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PRIVATE AND CONFIDENTIAL

Dr S Ihsan
Bounds Green Group Practice
Bounds Green Group Pract
Gordon Rd, Bounds Green
New Southgate, London
N11 2PF

Job Number: 293340
Hospital No: 11474767
NHS No: 434-070-9255
Date: 11 December 2024
Clinic Date: 27/11/2024
Consultant: Gidon Lieberman
Direct Line: 020 7288 5407

Dear Dr Ihsan,

Re: Zoe Kindler (DOB 20/11/1988)
147A Whittington Road London, , , N22 8YP

I met Zoe and Patrick for the first time. As you know, they have had three very early pregnancy losses together. Ovulation has been confirmed, semen analysis shows a good volume, slightly decreased count at 11 million/mL and normal motility. A test for fallopian tube patency has not been carried out yet but is likely to be normal given the previous pregnancies.

Antiphospholipid screen (lupus anticoagulant, anticardiolipin antibody and beta-glycoprotein) have all been normal.

I have discussed the use of progesterone early in pregnancy as there is some evidence that this can help some women with recurrent pregnancy loss. The most likely cause for the miscarriage loss is sporadic and I advised that the couple look at the Miscarriage Association website which is very helpful.

There is no indication for metformin as Zoe is ovulatory even though she has PCO appearance of ovaries. I have explained that over the counter Inositol is likely to be as effective.

I have checked her TSH level today as she has recently stopped this and she continues on cabergoline which I think is a good idea. I wish the couple every success and hopefully they will conceive without any further intervention.

Many thanks.

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Yours sincerely,

Approved electronically



Mr Gidon Lieberman
Consultant Obstetrician and Gynaecologist

Copy to:

Miss Zoe Kindler
147A Whittington Road
London
N22 8YP

Fertility Nurses
Whittington Hospital
Magdala Avenue
London
N19 5NF



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The Whittington Hospital NHS Trust
Chair: Baroness Julia Neuberger Chief Executive: Dr Clare Dollery