

Dr Kerry Green

Dr Beratgul Gur Echeverria

Dr Mark Paine

## Consultant Neurologists

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20/02/25

Dr Yasmin Esat  
Priority Health Medical Centre  
Level 1  
Shop 145  
Orion Springfield Central  
1 Main Street  
Springfield QLD 4300

Dear Yasmin,

Re: Miss Bianca Scheurer 19/02/79  
8 Hedge Lane Geenenbank QLD 4124

Thank you for referring Bianca. She is a lovely 46-year-old lady who has had headaches over the last 18 to 24 months.

She describes pressure and sharp headaches all over head in different various regions. These can be associated with difficulty thinking severe nausea photophobia and dizziness.

She has been recently diagnosed with BPPV and is seeing a vestibular physiotherapist.

Her mother would get headaches and these are very suggestive of migraine. She has never been on any specific migraine treatment.

She has a history of anxiety and depression and is currently taking Zoloft. She also has reflux and tells me it is difficult for her to cope with a lot of medications due to her sensitive stomach.

She also has chronic neck pain and has had an MRI of her cervical spine which shows no convincing causes for her headaches. Her MRI brain scan was also normal.

She monitors her own blood pressure and they said around 120 /70 but she is prone to sinus bradycardia and her pulse rates are often in the low 50s.

### **PLAN**

We discussed trialing her on some migraine treatment. I have suggested that we trial topiramate. She is going to start with 25 mg in the morning and then increase to 50 mg after 2 weeks and then 75 mg in the morning 2 weeks after that if needed and tolerated.

I warned that she could get paraesthesias in her limbs but that should only be transient. I note she also has a history of paraesthesias in her limbs and nerve conduction studies were normal.

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*Also consulting at 14 South Street, Ipswich  
All correspondence to Brisbane office  
Medical objects correspondence preferred  
Telehealth consultations available*

*General Neurology  
Multiple Sclerosis  
Electromyography  
Neuro-ophthalmology & Neuro-otology*

As acute treatment I have given her Maxalt wafer to trial-rizatriptan. I told she can take 1 and then another if needed but to try not to take more than once a week on a regular basis.

We will catch up in 8 weeks and see how she is getting on. With regards to other preventive medications- I would not be using other preventative medication such as antidepressant medication and she certainly cannot have any antihypertensive medication that would drop her heart rate. We may be needing to look at injectable Therapies at the next visit if the topiramate is not beneficial.

Kind Regards

A handwritten signature in black ink, appearing to read 'K Green', with a stylized, cursive script.

**Dr Kerry Green BSc(Qld), MBBS(Qld),FRACP Consultant Neurologist, Provider No: 2140195H**