

DAHLSTROM, VERA

For Surgery Use ☐ Urgent ☐ Ring Patient ☐ Make Appointment ☐ Note in Chart ☐ File ☐

Patient **Longbottom, Amanda L**

UR No.

Patient Address **6 Brown St Mareeba QLD 4880**

Sex **F** Age **45 years** DOB **16/10/1978**

Report For **DAHLSTROM, VERA**

Ref. by/copy to **DAHLSTROM, VERA**

Requested	09/08/2024	
Collected	09/08/2024	07:10 AM
Reported	20/08/2024	07:04 AM

## URINARY IODINE

Creatinine	13.1	mmol/L
Iodine	152	ug/L
Iodine	1.20	umol/L

WHO 2008 guidelines:

Classification of iodine deficiency (Urine iodine ug/L):

> 99	Not iodine deficient
50-99	Mild iodine deficiency
20-49	Moderate iodine deficiency
< 20	Severe iodine deficiency

Levels in excess of 149 ug/L are regarded as adequate in pregnancy.  
Levels exceeding 300 ug/L (or above 500 ug/L in pregnancy) may carry a "Risk of adverse health consequences".

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Blood Selenium 1.76 umol/L (1.19-2.53)

The Selenium assay was performed and reported by Royal North Shore Hospital, NSW.

Pathology Report

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Serum Copper 16 umol/L (10-45)

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Serum Zinc

11

umol/L

(10-25)

Pathology Report