

ALLERGIC TO PENICILLIN**MORNING (around 8am)**

Panadol Osteo	665 mg tablet	x 2	
Baclofen (Lioresal)	25 mg tablet	x 1	(decreased from 2 tablets on 2025-01-12)
Motilium (before food)	10 mg tablet	x 2	(started 2019-06-01)
Duloxetine (Cymbalta)	60 mg capsule	x 1	(restarted 2018-02-09)
Duloxetine (Cymbalta)	30 mg capsule	x 1	(restarted 2022-05-25)
Lyrica (Pregabalin)	75 mg capsule	x 1	(increased from 50mg on 2017-10-21)
Lyrica (Pregabalin)	25 mg capsule	x 1	(started 2023-11-19)
Pariet (Rabeprazole)	20mg tablet	x 1	Before food - (started 2020-04-08)
* Bio Magnesium	1 tablet with food		* Every 2nd day
* Ostelin Vitamin D	1 capsule with food		* Every 2nd day
Seretide	125/25 x 2 puffs via spacer		(increased from 50/25 on 2024-08-01)
Movicol	1 sachet mixed in water		
Benefibre	2 teaspoons mixed in water		
Tapentadol	50 mg tablet	x 1	(if required - from 2025-03-11)

AFTERNOON (around 2pm)

Panadol Osteo	665 mg tablet	x 2	
Baclofen	25 mg tablet	x 1	(decreased from 2 tablets on 2015-04-01)
Motilium (before food)	10 mg tablet	x 2	(increased from 1 tablet on 2019-06-01)

EVENING (around 8pm)

Panadol Osteo	665 mg tablet	x 2	
Baclofen (Lioresal)	25 mg tablet	x 2	(increased from 1 tablet on 2025-01-12)
Motilium (before food)	10 mg tablet	x 2	(increased from 1 tablet on 2019-06-01)
Diazepam	5 mg tablet	x ½	(started 2016-03-05)
Lyrica (Pregabalin)	75 mg capsule	x 1	(increased from 25mg on 2017-06-05)
Lyrica (Pregabalin)	25 mg capsule	x 2	(started 2018-09-08)
Quinine Sulphate	300mg tablet	x 1	(re-started 2020-05-10)
Pariet (Rabeprazole)	20mg tablet	x 1	Before food - (started 2020-05-10)
Candisartan	4mg tablet	x1	(for migraine - started 2022-10-29)
Green Calcium	800 mg capsule	x 2	(started 2018-06-09)
Coloxyl 120	2 tablets		
Faulding Probiotics	1 capsule		
Seretide	125/25 x 2 puffs via spacer		(increased from 50/25 on 2024-08-01)
Movicol	1 sachet mixed in water		
Benefibre	2 teaspoons mixed in water		
Nasonex	50µg spray x in each nostril		
Tapentadol	50 mg tablet	x 1	(if required - from 2025-03-11)

MEDICAL CONDITIONS**ADRENAL INSUFFICIENCY****Requires Hydrocortisone, or equivalent, before a general anaesthetic****ASTHMA****When required for asthma (cough) give 4-6 puffs Ventolin (Asmol) via a Spacer****Refer to the Asthma Management Plan****ABI** Acquired (hypoxic ischemic) Brain Injury, with Dystonia and Verbal Dyspraxia**FIBROMYALGIA, OSTEOPOROSIS**