

Report For: Andrew Simpson

D.O.B: 20/02/76

Cindi Young

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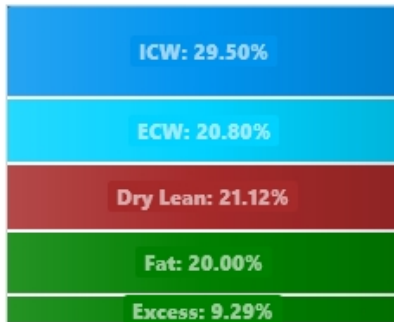
Email Address: info@cindiyoung.com.au

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Test Date: 10/03/21 9:49

Practitioner: Metascreen

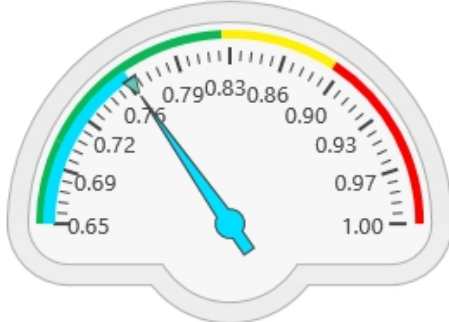
Body composition



3rd Space Water -0.72%

Prediction marker 0.757

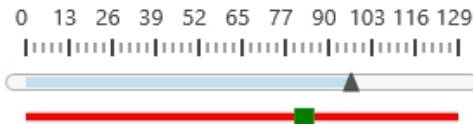
Normal: 0.700 - 0.820



Caution: Not to be used as diagnostic indicator.

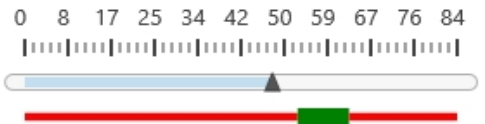
Total body weight 97.0 kg

Normal 80.0 kg - 86.0 kg



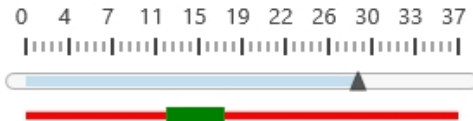
Total body water 48.1 L

Normal 53.0 L - 63.0 L

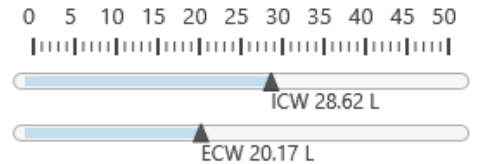


Body fat mass 28.4 kg

Normal 12.0 kg - 17.0 kg

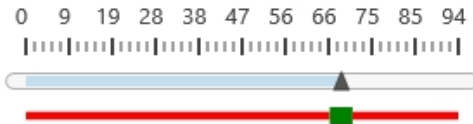


Intracellular/Extracellular water (L)

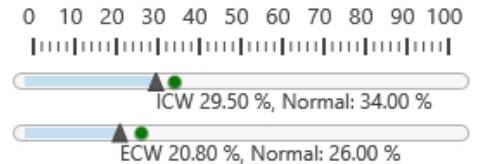


Lean mass 68.6 kg

Normal 66.0 kg - 71.0 kg



Intracellular/Extracellular water (%)



Measurements:

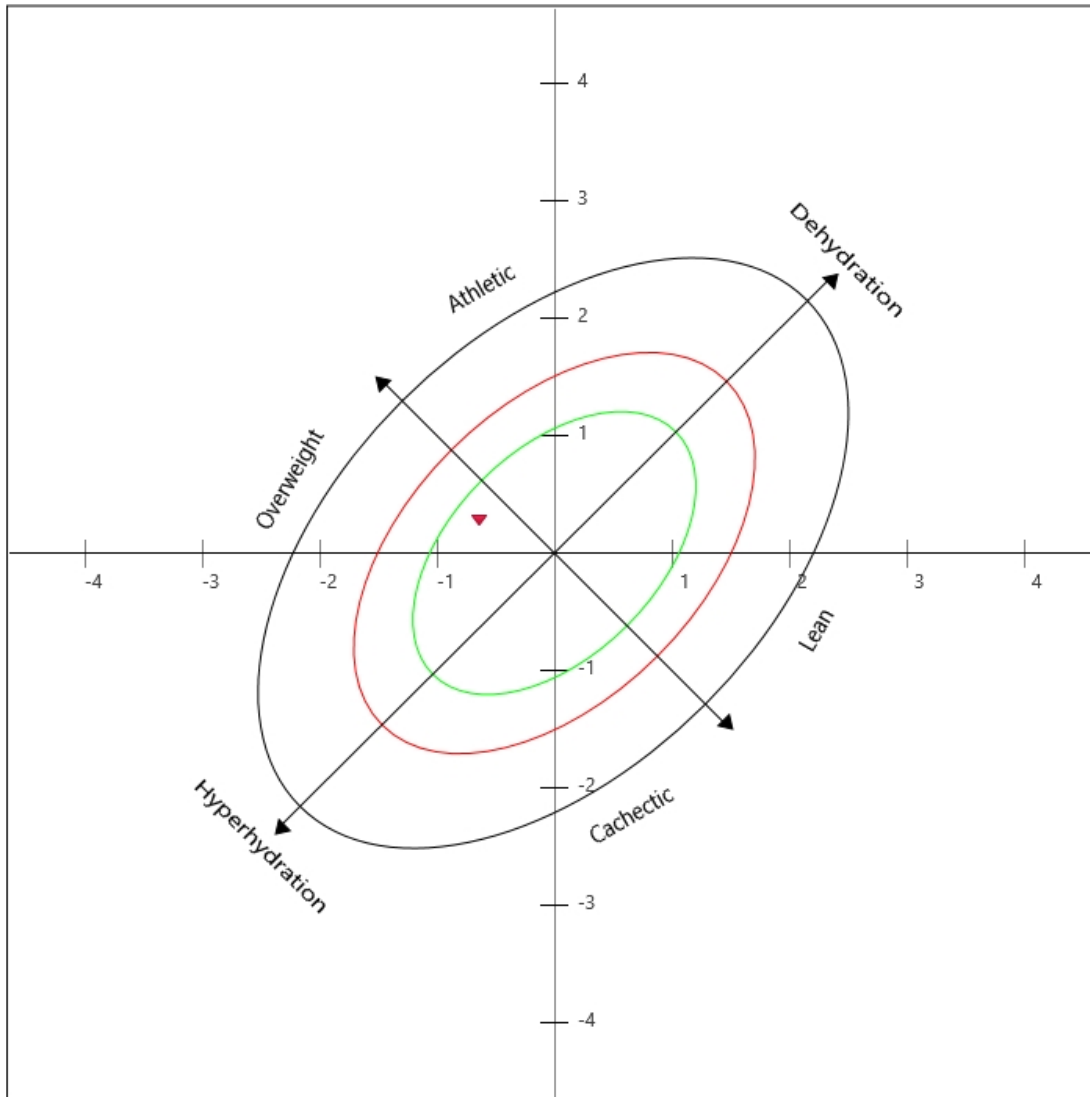
Impedance at 50khz: 470
Resistance at 50khz: 467
Reactance at 50khz: 57.6
Height (cm): 175
Waist (cm): 106

Impedance at 5khz: 552
Impedance at 100khz: 439
Impedance at 200khz: 418
Hip (cm): 109
Activity level: Very Low
Regression: 1. Quadscan Equation

Phase Angle: 7.00

Comments:

Z-graph



- 95% tolerance
- 75% tolerance
- 50% tolerance
- ▲ Subject's history

Current test values
R/H: 266.86
Xc/H: 32.91
Vector Length: 268.88
Phase Angle: 7

Current Test Results					Historical Changes		
<i>Parameter</i>	<i>Measured/ Calculated</i>	<i>Normal</i>	<i>Measured %</i>	<i>Normal %</i>	<i>0 Weeks since first test 10-03-21</i>	<i>Variance</i>	<i>Variance %</i>
Total body weight	97.0 kg	80 - 86 kg			97.0 kg	0.0 kg	0.0%
Body fat mass	28.4 kg	12 - 17 kg	29.29 %	14 % - 20 %	28.4 kg	0.0 kg	0.0%
Lean mass	68.6 kg	66 - 71 kg	70.71 %	80 % - 86 %	68.6 kg	0.0 kg	0.0%
Dry lean mass	20.5 kg		21.12 %		20.5 kg	0.0 kg	0.0%
Body cell mass	40.9 kg				40.9 kg	0.0 kg	0.0%
Total body water	48.1 L	53 - 63 L	49.58 %	55 % - 65 %	48.1 L	0.0 L	0.0%
Extracellular water	20.17 L		20.80 %	26 %	20.17 L	0.00 L	0.00%
Intracellular water	28.62 L		29.50 %	34 %	28.62 L	0.00 L	0.00%
3rd space water	-0.70 L				0.00 L	0.00 L	0.00%
Prediction marker	0.757	0.700 - 0.820			0.757	0.0	0.0%
Nutrition index	0.41	0.43			0.41	0.00	0.0%
Phase angle	7.00				7.00	0.00	0.00%
BMI	31.7	20 - 25			31.7	0.0	0.0%
BFMI	9.3	4 - 6			9.3	0.0	0.0%
FFMI	22.4	22 - 23			22.4 kg	0.0 kg	0.0%
Basal metabolic	1981 kcal/day				1981 kcal/day	0 kcal/day	0%
Activity metabolic	2773 kcal/day				2773 kcal/day	0 kcal/day	0%
Height	175 cm				175 cm	0 cm	0%
Waist	106 cm				106 cm	0 cm	0%
Hip	109 cm				109 cm	0 cm	0%
Waist/Hip ratio	0.97	1.00			0.97		