

Pathology Analysis Summary Report

Test Date: 23.09.24

Key Nutrients:	Deficient	Good	Excessive	N/A	Result
Iron - intake		Good			17.00
Iron - absorbed		Good			30.00
Iron - stores (male)				N/A	
Iron - stores (female)		Good			53.00
Vitamin B12 (active)				N/A	
Vitamin B12 (serum)		Good			659.00
Folate	Deficient				29.00
Protein		Good			69.00
Zinc (Serum)				N/A	
Copper				N/A	
Vitamin D	Deficient				75.00
Calcium		Good			2.49
Potassium		Good			4.20
Phosphorus	Deficient				1.19
Cholesterol		Good			6.70
Carbohydrates/sugar	Low				0.70
Sodium		Good			139.00
Chloride		Good			101.00
Anaemia risk:	Low	Good	High	N/A	Result
Haemoglobin (male)				N/A	
Haemoglobin (female)		Good			139.00
Vitamin B12 (active)				N/A	
Vitamin B12 (serum)		Good			659.00
Folate	Low				29.00
Zinc (Serum)				N/A	
Digestive system:				N/A	
Stomach acid	Low				
Leaky gut					
Dysbiosis	Yes				
Lifestyle:	Deficient	Good	Excessive	N/A	Result
Stress - Cortisol				N/A	
Stress - ACTH				N/A	
DHEAS - male				N/A	
DHEAS - female				N/A	
Liver function:	Low	Good	High	N/A	Result
Cholesterol		Good			6.70
Triglycerides	Low				0.70
Bilirubin	Low				5.00
Liver enzymes - ALP		Good			77.00
Liver enzymes - ALT		Good			23.00
Liver enzymes - AST		Good			26.00
Liver enzymes - GGT			High		75.00
Kidney function:	Low	Good	High	N/A	Result
Urea		Good			5.70
Creatinine	Low				47.00
Urate (Uric acid)		Good			0.28

Estimated Kidney %		Good			90
Thyroid function:	Low	Good	High	N/A	Result
TSH	Low				0.5
T4 - Inactive hormone				N/A	
T3 - Active hormone				N/A	
T4-T3 ratio				N/A	
Thyroid antibodies					
Zinc (Serum)				N/A	
Vitamin D	Low				75.00
Immune function:	Low	Good	High	N/A	Result
White blood cells		Good			7.20
Neutrophils	Low				4.80
Lymphocytes	Low				1.56
Neut/Lymph ratio			High		3.08
Globulins			High		30.00
Vitamin D	Low				75.00
Zinc (Serum)				N/A	
Inflammation:	Low	Good	High	N/A	Result
Short term - CRP				N/A	
Long term - ESR				N/A	
Homocysteine				N/A	
Vitamin D	Low				75.00
Oxidative stress:	Low	Good	High	N/A	Result
Urate (Uric acid)		Good			0.281
Homocysteine				N/A	
Heart health:	Low	Good	High	N/A	Result
Triglycerides	Low				0.70
Triglyceride : HDL ratio	Low risk				0.29
Albumin	Low				39.00
eGFR		Good			90.00
Homocysteine				N/A	
Stomach function:	Low	Good	High	N/A	Result
Zinc (Serum)				N/A	
Vitamin B12 (active)				N/A	
Vitamin B12 (serum)		Good			659.00
Folate (serum)	Low				29.00
Total protein		Good			69.00
Transferrin sat %		Good			30.00
Energy production:	Low	Good	High	N/A	Result
Thyroid function (TSH)			High		0.5
Cholesterol		Good			6.70
Vitamin B12 (active)				N/A	
Vitamin B12 (serum)		Good			659.00
Folate (serum)	Low				29.00
Haemoglobin (male)				N/A	
Haemoglobin (female)		Good			139.00
Transferrin sat %		Good			30.00
Phosphate	Low				1.19

Mental Health:	Low	Good	High	N/A	Result
Thyroid function (TSH)			High		0.5
Cholesterol		Good			6.70
Vitamin B12 (active)				N/A	
Vitamin B12 (serum)		Good			659.00
Folate (serum)	Low				29.00
Zinc (Serum)				N/A	
Vitamin D	Low				75.00

Analysis Summary