

LAB
TESTLE National Diagnostics, Inc., 900 North Federal Highway, FT. Lauderdale, FL 33304
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LAB RESULTS

Last Name	Lab ID	Specimen Number	Time Collected	Date Entered	Time Reported
BONSHAHI	1410528	090-305-2436-0	3/31/2025 7:49 AM	3/31/2025	4/1/2025 11:08 AM
First Name	Middle Initial	Phone	Control Number	Account Number	Account Phone Number
SHIRIN				9134075	954-766-8433
Date of Birth	Age	Sex	Fasting	Physician Name	Physician ID
07/03/1952	72	F	Yes	Porter A	1578561015
Address			Account Address		

LIFE EXTENSION / NATIONAL DIAGNOSTICS, INC
900 NORTH FEDERAL HIGHWAY, FT. LAUDERDALE, FL 33304

Tests Ordered

CMP14+LP+4AC+CBC/D/Plt; Hemoglobin A1c; C-Reactive Protein, Cardiac; Insulin

BONSHAHI. SHIRIN - ID#: 1410528

Tests	Result	Flag	Units	Reference Interval	Lab
CMP14+LP+4AC+CBC/D/Plt					
Glucose	100	High	mg/dL	70-99	CB
Uric Acid	4.5		mg/dL	3.1-7.9	CB
BUN	17		mg/dL	8-27	CB
Creatinine	0.69		mg/dL	0.57-1.00	CB
eGFR	92		mL/min/1.73	>59	CB
BUN/Creatinine Ratio	25			12-28	CB
Sodium	141		mmol/L	134-144	CB
Potassium	4.3		mmol/L	3.5-5.2	CB
Chloride	106		mmol/L	96-106	CB
Carbon Dioxide, Total	22		mmol/L	20-29	CB
Calcium	9.0		mg/dL	8.7-10.3	CB
Phosphorus	3.5		mg/dL	3.0-4.3	CB
Protein, Total	6.4		g/dL	6.0-8.5	CB
Albumin	4.4		g/dL	3.8-4.8	CB
Globulin, Total	2.0		g/dL	1.5-4.5	CB
Bilirubin, Total	0.4		mg/dL	0.0-1.2	CB
Alkaline Phosphatase	64		IU/L	44-121	CB
LDH	165		IU/L	119-226	CB
AST (SGOT)	18		IU/L	0-40	CB
ALT (SGPT)	15		IU/L	0-32	CB
Iron	71		ug/dL	27-139	CB
Cholesterol, Total	225	High	mg/dL	100-199	CB
Triglycerides	97		mg/dL	0-149	CB
HDL Cholesterol	62		mg/dL	>39	CB
VLDL Cholesterol Cal	17		mg/dL	5-40	CB
LDL Chol Calc (NIH)	146	High	mg/dL	0-99	CB
LDL Calc Comment:					CB

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Name: SHIRIN BONSHAHI

Lab ID: 1410528

FINAL REPORT

4/2/2025 7:11:03 AM

SHIRIN BONSHAHI

3026 GLENWAY DR

NORTHBROOK, IL 60062-7506 USA

Pick: *71635722*

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Order No: 26026495



BONSHAHI. SHIRIN - ID#: 1410528

Tests	Result	Flag	Units	Reference Interval	Lab
CMP14+LP+4AC+CBC/D/Plt					
T. Chol/HDL Ratio	3.6		ratio	0.0-4.4	CB
				T. Chol/HDL Ratio	
				Men Women	
				1/2 Avg.Risk 3.4 3.3	
				Avg.Risk 5.0 4.4	
				2X Avg.Risk 9.6 7.1	
				3X Avg.Risk 23.4 11.0	
Estimated CHD Risk	0.7		times avg.	0.0-1.0	CB
		The CHD Risk is based on the T. Chol/HDL ratio. Other factors affect CHD Risk such as hypertension, smoking, diabetes, severe obesity, and family history of premature CHD.			
WBC	6.2		x10E3/uL	3.4-10.8	CB
RBC	5.32	High	x10E6/uL	3.77-5.28	CB
Hemoglobin	13.5		g/dL	11.1-15.9	CB
Hematocrit	44.3		%	34.0-46.6	CB
MCV	83		fL	79-97	CB
MCH	25.4	Low	pg	26.6-33.0	CB
MCHC	30.5	Low	g/dL	31.5-35.7	CB
RDW	13.8		%	11.7-15.4	CB
Platelets	313		x10E3/uL	150-450	CB
Neutrophils	69		%	Not Estab.	CB
Lymphs	22		%	Not Estab.	CB
Monocytes	6		%	Not Estab.	CB
Eos	2		%	Not Estab.	CB
Basos	1		%	Not Estab.	CB
Immature Cells					CB
Neutrophils (Absolute)	4.3		x10E3/uL	1.4-7.0	CB
Lymphs (Absolute)	1.4		x10E3/uL	0.7-3.1	CB
Monocytes(Absolute)	0.4		x10E3/uL	0.1-0.9	CB
Eos (Absolute)	0.1		x10E3/uL	0.0-0.4	CB
Baso (Absolute)	0.1		x10E3/uL	0.0-0.2	CB
Immature Granulocytes	0		%	Not Estab.	CB
Immature Grans (Abs)	0.0		x10E3/uL	0.0-0.1	CB
NRBC					CB
Hematology Comments:					CB
Hemoglobin A1c					
Hemoglobin A1c	6.0	High	%	4.8-5.6	CB
		Prediabetes: 5.7 - 6.4 Diabetes: >6.4 Glycemic control for adults with diabetes: <7.0			
C-Reactive Protein, Cardiac					
C-Reactive Protein, Cardiac	0.86		mg/L	0.00-3.00	CB
		Relative Risk for Future Cardiovascular Event			
			Low	<1.00	
			Average	1.00 - 3.00	
			High	>3.00	
Insulin					
Insulin	7.5		uIU/mL	2.6-24.9	CB

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Lab	Facility	Director	Phone
CB	Labcorp D 6370 Wilcox Road, Dublin, OH, For inquiries, the physician may contact the above locations.	PhD Vincent Ricchiuti	800-282-7300

Thank you for ordering your lab tests through Life Extension/National Diagnostics, Inc. If you would like to discuss your results please call us at 1-800-208-3444. In order to ensure your privacy we ask that you have a copy of your results in front of you when making the call, as you will be asked to provide a specimen number or other identifier from the report. Our Wellness Specialists WILL NOT be able to review your lab results with you, unless you are able to provide this information from the report. We also understand that there are times when you will want to review a family members blood test results with our staff. Although Life Extension is happy to comply with these requests, permission (either verbally or in writing) must be given by the person who took the blood tests in order for us to do so. Thank you for your cooperation with these policies as we endeavor to keep your blood test results secure.

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