

LAB  
TESTLE National Diagnostics, Inc., 900 North Federal Highway, FT. Lauderdale, FL 33304  
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## LAB RESULTS

| Last Name     | Lab ID         | Specimen Number | Time Collected    | Date Entered   | Time Reported        |
|---------------|----------------|-----------------|-------------------|----------------|----------------------|
| BONSHAHI      | 1343784        | 204-305-2773-0  | 7/22/2024 8:08 AM | 7/22/2024      | 7/23/2024 8:11 AM    |
| First Name    | Middle Initial | Phone           | Control Number    | Account Number | Account Phone Number |
| SHIRIN        |                |                 |                   | 9134075        | 954-766-8433         |
| Date of Birth | Age            | Sex             | Fasting           | Physician Name | Physician ID         |
| 07/03/1952    | 72             | F               | Yes               | Saeed F        | 1730234535           |
| Address       |                |                 | Account Address   |                |                      |

LIFE EXTENSION / NATIONAL DIAGNOSTICS, INC  
900 NORTH FEDERAL HIGHWAY, FT. LAUDERDALE, FL 33304

## Tests Ordered

CMP14+LP+4AC+CBC/D/Plt

BONSHAHI. SHIRIN - ID#: 1343784

| Tests                      | Result     | Flag        | Units       | Reference Interval | Lab |
|----------------------------|------------|-------------|-------------|--------------------|-----|
| CMP14+LP+4AC+CBC/D/Plt     |            |             |             |                    |     |
| <b>Glucose</b>             | <b>112</b> | <b>High</b> | mg/dL       | 70-99              | CB  |
| Uric Acid                  | 3.3        |             | mg/dL       | 3.1-7.9            | CB  |
| BUN                        | 14         |             | mg/dL       | 8-27               | CB  |
| Creatinine                 | 0.79       |             | mg/dL       | 0.57-1.00          | CB  |
| eGFR                       | 79         |             | mL/min/1.73 | >59                | CB  |
| BUN/Creatinine Ratio       | 18         |             |             | 12-28              | CB  |
| Sodium                     | 139        |             | mmol/L      | 134-144            | CB  |
| Potassium                  | 4.2        |             | mmol/L      | 3.5-5.2            | CB  |
| Chloride                   | 103        |             | mmol/L      | 96-106             | CB  |
| Carbon Dioxide, Total      | 23         |             | mmol/L      | 20-29              | CB  |
| Calcium                    | 9.0        |             | mg/dL       | 8.7-10.3           | CB  |
| <b>Phosphorus</b>          | <b>2.9</b> | <b>Low</b>  | mg/dL       | 3.0-4.3            | CB  |
| Protein, Total             | 6.5        |             | g/dL        | 6.0-8.5            | CB  |
| Albumin                    | 4.6        |             | g/dL        | 3.8-4.8            | CB  |
| Globulin, Total            | 1.9        |             | g/dL        | 1.5-4.5            | CB  |
| Bilirubin, Total           | 0.7        |             | mg/dL       | 0.0-1.2            | CB  |
| Alkaline Phosphatase       | 61         |             | IU/L        | 44-121             | CB  |
| LDH                        | 183        |             | IU/L        | 119-226            | CB  |
| AST (SGOT)                 | 19         |             | IU/L        | 0-40               | CB  |
| ALT (SGPT)                 | 12         |             | IU/L        | 0-32               | CB  |
| Iron                       | 131        |             | ug/dL       | 27-139             | CB  |
| <b>Cholesterol, Total</b>  | <b>214</b> | <b>High</b> | mg/dL       | 100-199            | CB  |
| Triglycerides              | 82         |             | mg/dL       | 0-149              | CB  |
| HDL Cholesterol            | 61         |             | mg/dL       | >39                | CB  |
| VLDL Cholesterol Cal       | 15         |             | mg/dL       | 5-40               | CB  |
| <b>LDL Chol Calc (NIH)</b> | <b>138</b> | <b>High</b> | mg/dL       | 0-99               | CB  |
| LDL Calc Comment:          |            |             |             |                    | CB  |

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Name: SHIRIN BONSHAHI

Lab ID: 1343784

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## FINAL REPORT

7/23/2024 12:08:02 PM

SHIRIN BONSHAHI

3026 GLENWAY DR

NORTHBROOK, IL 60062-7506 USA

Pick: \*71556691\*

Ship Method: USPS First-Class

Order No: 24281095



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BONSHAHI. SHIRIN - ID#: 1343784

| Tests                         | Result      | Flag                                                                                                                                                                        | Units      | Reference Interval    | Lab |
|-------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|-----------------------|-----|
| <u>CMP14+LP+4AC+CBC/D/Plt</u> |             |                                                                                                                                                                             |            |                       |     |
| T. Chol/HDL Ratio             | 3.5         |                                                                                                                                                                             | ratio      | 0.0-4.4               | CB  |
|                               |             |                                                                                                                                                                             |            | T. Chol/HDL Ratio     |     |
|                               |             |                                                                                                                                                                             |            | Men Women             |     |
|                               |             |                                                                                                                                                                             |            | 1/2 Avg.Risk 3.4 3.3  |     |
|                               |             |                                                                                                                                                                             |            | Avg.Risk 5.0 4.4      |     |
|                               |             |                                                                                                                                                                             |            | 2X Avg.Risk 9.6 7.1   |     |
|                               |             |                                                                                                                                                                             |            | 3X Avg.Risk 23.4 11.0 |     |
| Estimated CHD Risk            | 0.6         |                                                                                                                                                                             | times avg. | 0.0-1.0               | CB  |
|                               |             | The CHD Risk is based on the T. Chol/HDL ratio. Other factors affect CHD Risk such as hypertension, smoking, diabetes, severe obesity, and family history of premature CHD. |            |                       |     |
| WBC                           | 8.6         |                                                                                                                                                                             | x10E3/uL   | 3.4-10.8              | CB  |
| <b>RBC</b>                    | <b>5.34</b> | <b>High</b>                                                                                                                                                                 | x10E6/uL   | 3.77-5.28             | CB  |
| Hemoglobin                    | 13.6        |                                                                                                                                                                             | g/dL       | 11.1-15.9             | CB  |
| Hematocrit                    | 43.5        |                                                                                                                                                                             | %          | 34.0-46.6             | CB  |
| MCV                           | 82          |                                                                                                                                                                             | fL         | 79-97                 | CB  |
| <b>MCH</b>                    | <b>25.5</b> | <b>Low</b>                                                                                                                                                                  | pg         | 26.6-33.0             | CB  |
| <b>MCHC</b>                   | <b>31.3</b> | <b>Low</b>                                                                                                                                                                  | g/dL       | 31.5-35.7             | CB  |
| RDW                           | 13.3        |                                                                                                                                                                             | %          | 11.7-15.4             | CB  |
| Platelets                     | 308         |                                                                                                                                                                             | x10E3/uL   | 150-450               | CB  |
| Neutrophils                   | 70          |                                                                                                                                                                             | %          | Not Estab.            | CB  |
| Lymphs                        | 24          |                                                                                                                                                                             | %          | Not Estab.            | CB  |
| Monocytes                     | 6           |                                                                                                                                                                             | %          | Not Estab.            | CB  |
| Eos                           | 0           |                                                                                                                                                                             | %          | Not Estab.            | CB  |
| Basos                         | 0           |                                                                                                                                                                             | %          | Not Estab.            | CB  |
| Immature Cells                |             |                                                                                                                                                                             |            |                       | CB  |
| Neutrophils (Absolute)        | 5.9         |                                                                                                                                                                             | x10E3/uL   | 1.4-7.0               | CB  |
| Lymphs (Absolute)             | 2.1         |                                                                                                                                                                             | x10E3/uL   | 0.7-3.1               | CB  |
| Monocytes(Absolute)           | 0.5         |                                                                                                                                                                             | x10E3/uL   | 0.1-0.9               | CB  |
| Eos (Absolute)                | 0.0         |                                                                                                                                                                             | x10E3/uL   | 0.0-0.4               | CB  |
| Baso (Absolute)               | 0.0         |                                                                                                                                                                             | x10E3/uL   | 0.0-0.2               | CB  |
| Immature Granulocytes         | 0           |                                                                                                                                                                             | %          | Not Estab.            | CB  |
| Immature Grans (Abs)          | 0.0         |                                                                                                                                                                             | x10E3/uL   | 0.0-0.1               | CB  |
| NRBC                          |             |                                                                                                                                                                             |            |                       | CB  |
| Hematology Comments:          |             |                                                                                                                                                                             |            |                       | CB  |

| Lab       | Facility                                                                                                           | Director              | Phone        |
|-----------|--------------------------------------------------------------------------------------------------------------------|-----------------------|--------------|
| <b>CB</b> | <b>Labcorp D</b><br>6370 Wilcox Road, Dublin, OH,<br>For inquiries, the physician may contact the above locations. | PhD Vincent Ricchiuti | 800-282-7300 |

Thank you for ordering your lab tests through Life Extension/National Diagnostics, Inc. If you would like to discuss your results please call us at 1-800-208-3444. In order to ensure your privacy we ask that you have a copy of your results in front of you when making the call, as you will be asked to provide a specimen number or other identifier from the report. Our Wellness Specialists WILL NOT be able to review your lab results with you, unless you are able to provide this information from the report. We also understand that there are times when you will want to review a family members blood test results with our staff. Although Life Extension is happy to comply with these requests, permission (either verbally or in writing) must be given by the person who took the blood tests in order for us to do so. Thank you for your cooperation with these policies as we endeavor to keep your blood test results secure.

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