

Report to: DR SHINGAI GARUTSA Dot Doctors 8 Chloride St BROKEN HILL 2880	Name: BERNASCONI, LAUREN Addr: 85 MAXWELL ST SOUTH PENRITH 2750 Phone: 0436432001 Your Ref:	D.O.B.: 26/09/99 Sex: F Lab Ref: 25-96948295 Collected: 03/05/25 Time Coll: 00:00 Reported: 03/05/25
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Tests listed below * equals waiting

TESTS: VBF*, TFT, MBA*, LIP, FE*, FBE*, GLU, CRP*, DVI* (* = pending)

CLINICAL NOTES: fatigue

SERUM/PLASMA GLUCOSE

Fasting status	Fasting		
Serum	4.5	mmol/L	(3.4-5.4)

Normal glucose concentration.

THYROID PROFILE

Specimen Type: Serum			
TSH	1.6	mIU/L	(0.5-4.0)

Result(s) consistent with euthyroidism.

Please note the above reference intervals have been developed from a non-pregnant healthy general population study.

LIPID STUDIES

Specimen Type: Serum

Reference intervals are included for reference only, and interpretation / treatment goals should be guided by patient-specific cardiovascular risk assessment (see Australian Cardiovascular Risk Charts. Alternatively, the web-site www.cvdcheck.org.au can be accessed in order to complete a risk assessment for individual patients.)

Haemolysis	Nil
Icterus	Nil
Lipaemia	Nil

Fasting status	Fasting		
Total Cholesterol	4.3	mmol/L	(3.0-5.2)
Triglycerides	0.7	mmol/L	(0.5-1.7)
HDL Cholesterol	1.6	mmol/L	(1.0-2.0)
LDL Cholesterol	2.4	mmol/L	(1.5-3.4)
Non-HDL Cholesterol	2.7	mmol/L	(< 3.4)
Cholesterol/HDL-C Ratio	2.7		(< 4.5)

NVDPA TARGET LIPID RANGES (MMOL/L) FOR PATIENTS AT HIGH / MODERATE RISK OF CARDIOVASCULAR DISEASE:

TOTAL CHOLESTEROL	<4.0
TRIGS (FASTING)	<2.0
HDL-C	>= 1.0
LDL-C	<2.0
NON HDL-C	<2.5

LDL-C exceeds target for higher risk patients and may be excessive in some individuals.