

Report to: DR SHINGAI GARUTSA Dot Doctors 8 Chloride St BROKEN HILL 2880	Name: BERNASCONI, LAUREN Addr: 85 MAXWELL ST SOUTH PENRITH 2750 Phone: 0436432001 Your Ref:	D.O.B.: 26/09/99 Sex: F Lab Ref: 25-96948295 Collected: 03/05/25 Time Coll: 00:00 Reported: 03/05/25
	Confidentiality: If you are not the intended recipient, you are hereby notified that any use, review, dissemination, distribution or copying of these results is strictly prohibited. If you have received this in error please notify us immediately and the original message. Tests listed below * equals waiting	
TESTS: VBF*, TFT, MBA, LIP, FE, FBE, GLU, CRP, DVI (* = pending) CLINICAL NOTES: fatigue		

SERUM CHEMISTRY

Specimen Type: Serum

Haemolysis	Nil
Icterus	Nil
Lipaemia	Nil

Sodium	137	mmol/L	(135-145)
Potassium	4.3	mmol/L	(3.6-5.4)
Chloride	103	mmol/L	(95-110)
Bicarbonate	22	mmol/L	(22-32)
Anion Gap	16	mmol/L	(10-20)
Urea	3.6	mmol/L	(2.5-6.7)
Creatinine	60	umol/L	(45-90)
eGFR	> 90		mL/min/1.73sqM
Bilirubin	13	umol/L	(< 15)
AST	15	U/L	(< 30)
ALT	10	U/L	(< 30)
GGT	8	U/L	(< 30)
Alkaline Phosphatase	61	U/L	(20-105)
Protein	69	g/L	(60-82)
Albumin	45	g/L	(38-50)
Globulin	24	g/L	(20-39)

eGFR ≥ 90 mL/min/1.73m² usually indicates normal kidney function but does not exclude patients with early kidney damage (those with albuminuria, haematuria or abnormal kidney imaging).

IRON STUDIES

Specimen Type: Serum

Serum Iron	20	umol/L	(10-30)
Transferrin	33	umol/L	(32-48)
Transferrin Saturation	31	%	(13-45)
Serum Ferritin	18	ug/L	(30-165)

Although the transferrin saturation is normal, the mildly reduced ferritin suggests iron deficiency.

During the reproductive years, iron deficiency in women is usually due to multiparity or heavy menstrual losses. Investigation of the gastrointestinal tract for a source of blood loss may be indicated.

C-REACTIVE PROTEIN

Specimen Type: Serum

Serum CRP	< 4.0	mg/L	(< 6.0)
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HAEMATOLOGY

Date Collected 03 May 25
 Time Collected 00:00
 Specimen Type: EDTA

Hb	126	g/L	(115-165)	WBC	5.1	$\times 10^9/L$	(4.0-11.0)
RCC	4.3	$\times 10^{12}/L$	(3.9-5.8)	Neut	2.9	$\times 10^9/L$	(2.0-7.5)
Hct	0.37		(0.34-0.47)	Lymph	1.5	$\times 10^9/L$	(1.0-4.0)
MCV	87	fL	(79-99)	Mono	0.5	$\times 10^9/L$	(0.2-1.0)
MCH	29	pg	(27-34)	Eos	0.2	$\times 10^9/L$	(< 0.7)
MCHC	337	g/L	(320-360)	Baso	0.1	$\times 10^9/L$	(< 0.2)
RDW	13.1	%	(10.0-17.0)				
Plat	283	$\times 10^9/L$	(150-400)				

HAEMATOLOGY: FBC parameters are within reference range.

VITAMIN D

Haemolysis Nil
 Serum 25(OH) Vitamin D 66 nmol/L

Suggested decision limits for Vitamin D status:

Sufficiency	51 -200	nmol/L
Mild deficiency	25 - 50	nmol/L
Marked deficiency	< 25	nmol/L
Toxicity	>250	nmol/L

References: Vitamin D and health in adults in Australia and New Zealand:
 Position Statement. MJA 2012 June 18; 196(11), 686-687.

Report to: DR CLIFFORD MARK JACOBSON Dot Doctors 8 Chloride St BROKEN HILL 2880	Name: OLSEN, THOR Addr: 23 ELLIE AVE RAWORTH 2321 Phone: 0433632197 Your Ref:	D.O.B.: 22/12/99 Sex: M Lab Ref: 25-12857414 Collected: 03/05/25 Time Coll: 09:17 Reported: 03/05/25
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Tests listed below * equals waiting

TESTS: MBA*, LIP*, HOR*, FBE, AND*, GLU*, CRP* (* = pending)

CLINICAL NOTES: assessment as on anabolic steroid.

HAEMATOLOGY

Date Collected 03 May 25
 Time Collected 09:17
 Specimen Type: EDTA

Hb	171	g/L	(130-180)	WBC	5.1	$\times 10^9/L$	(4.0-11.0)
RCC	5.8	$\times 10^{12}/L$	(4.5-6.5)	Neut	2.3	$\times 10^9/L$	(2.0-7.5)
Hct	0.51		(0.40-0.54)	Lymp	2.1	$\times 10^9/L$	(1.0-4.0)
MCV	88	fL	(79-99)	Mono	0.5	$\times 10^9/L$	(0.2-1.0)
MCH	30	pg	(27-34)	Eos	0.1	$\times 10^9/L$	(< 0.7)
MCHC	338	g/L	(320-360)	Baso	0.1	$\times 10^9/L$	(< 0.2)
RDW	13.2	%	(10.0-17.0)				
Plat	202	$\times 10^9/L$	(150-400)				

HAEMATOLOGY: FBC parameters are within reference range.