

Patient **FORD Julie** Ph 0432270611
Address 86 Griffith Street , Everton Park 4053
Ref by Dr Hugh O'Sullivan

Lab Brisbane
Enquiries Drs Daley, Kanowski, Price (07)3377 8666 Biochemistry

DOB **16-Nov-1976** Requested 29-May-2025
Age 48 Yrs Gender F Collected 30-May-2025 10:03 h
Lab 528068067 Printed 30-May-2025 15:36 h

VIC



**SULLIVAN
NICOLAIDES
PATHOLOGY**

DR HUGH O'SULLIVAN
INSTANT SCRIPTS
LEVEL 8
637 FLINDERS ST
DOCKLANDS VIC 3008

CLINICAL NOTES:
Please ensure you have fasted for 8 hours prior to this test. The easiest way to do this is present for the test first thing in the morning before you've had breakfast

Lipid Profile	Latest Results		Reference	Units
	09-Nov-17 08:43 639991307	30-May-25 10:03 528068067		
Cholesterol	5.5	6.5 H	(<5.6)	mmol/L
Triglyceride	0.8	0.9	(<2.1)	mmol/L
HDL	1.64	1.95	(>1.09)	mmol/L
LDL	3.5	4.2 H	(<4.1)	mmol/L
Chol/HDL Ratio	3.4	3.3	(<4.6)	
Non HDLC		4.55 H	(<3.81)	mmol/L

Comments on Collection 30-May-25 1003 : HDL-Cholesterol
LDL is now calculated by the Sampson equation which allows an accurate result at higher triglyceride levels.

The National Vascular Disease Prevention Alliance (NVDPA) guidelines recommend a target level of less than 2.5 mmol/L for non-HDLC.

TARGET LEVELS:
The National Vascular Disease Prevention Alliance (NVDPA) treatment target levels for high risk people (known coronary heart and other arterial disease, diabetes, chronic renal failure, Aboriginal and Torres Strait Islander peoples and familial hyperlipidaemic conditions) are:

Total Cholesterol <4.0 mmol/L
HDL-Cholesterol >=1.00 mmol/L
Fasting Triglycerides <2.0 mmol/L
Non-HDL Cholesterol <2.5 mmol/L

Increased non-HDL Cholesterol is the most significant marker for subclinical atherosclerosis (ref: Cardiology Today 2013; 3(2) : pp25-27).