

Patient Name:

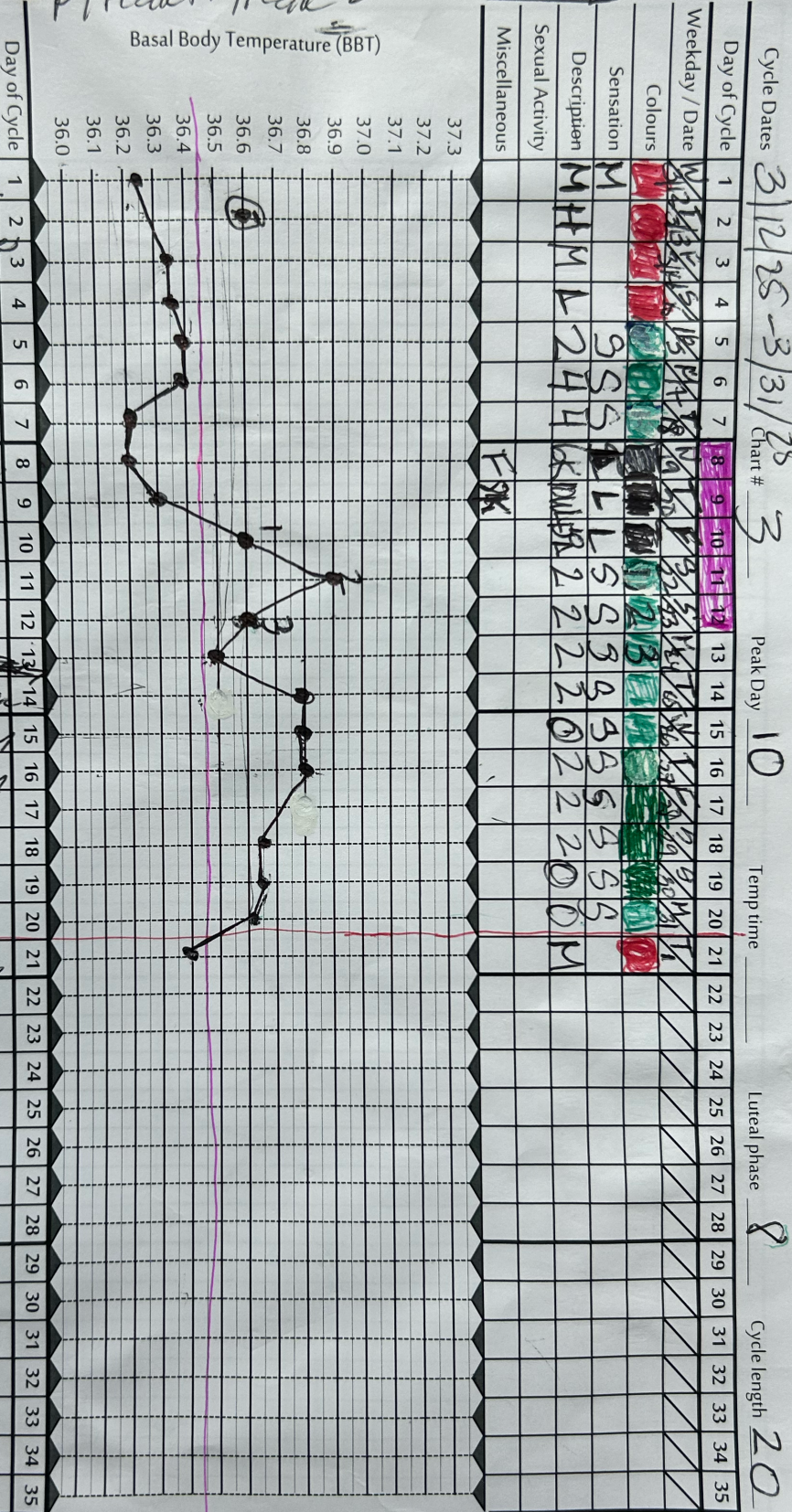
P/ Peak 1 / Peak 2 conceive days

Intense the evening of third day. or morning of 4th.

Basal Body Temperature (BBT)

Notes

1 No spotting. IHTG He-bone
bright red. Dryish. Fever
possibly 30 minutes
Blood mucus. bright no blood
Acupunct. Little pain.
Woke up frequently
Yoni steam. 7:45
Nausea. Night before. Cramp
Sawp. High peak night 6:30 AM
Slippery walking. Wet 6:30 AM
7:00 AM
Bokethemarek.
Nausea.
Nausea
Nausea 6:45 AM
6:15 AM
Nausea high 6:45 AM
Missed
6:15
7:15
Yoni steam 7:30
6:45 AM



Cycle Dates

3/12/25 - 3/31/25

Chart #

3

Peak Day

10

Temp time

Luteal phase

8

Cycle length

20