

# My cycle report

## Last 6 months

### Typical cycle length

23 days

The time between the first day of your period and the day before your next period.

### Typical period length

4 days

The time between your first and last day of menstrual bleeding.

### Cycle variability

+/- 3 days

The variability in the length of your cycles over time.

### Last period

Jun 9, 2025

The start date of your last logged period.

## Cycle trends

### Cycle length (last 6 cycles)



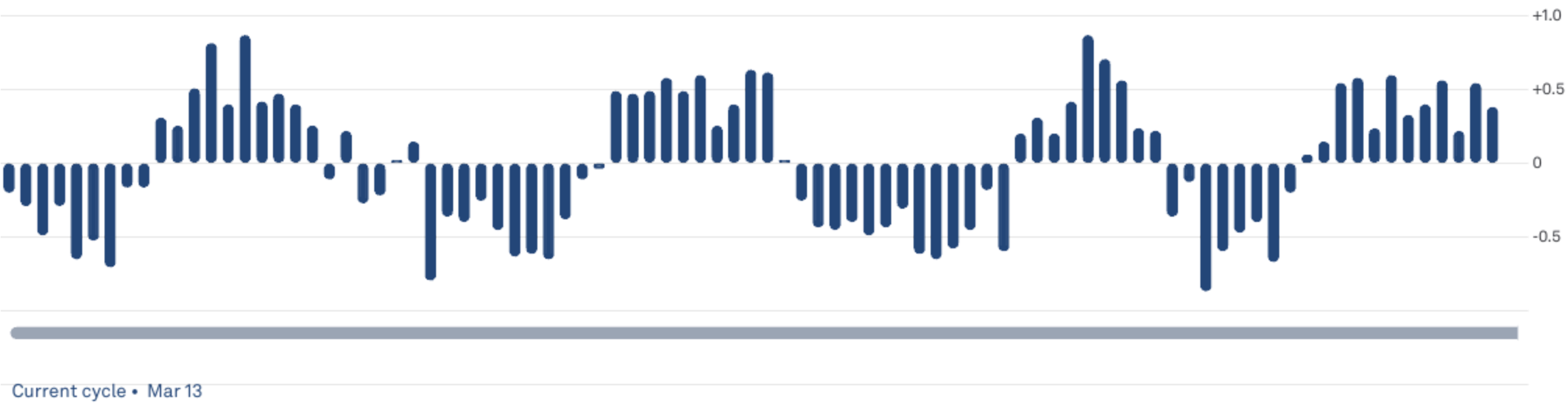
Cycles that last between 21-35 days are considered regular.

### Period length (last 6 cycles)



Periods that last between one and seven days are considered regular.

### Temperature variation (last 90 days)



Your body temperature changes throughout your menstrual cycle in response to fluctuating hormone levels.

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Top symptom tags

Jun 9 - Jun 9 (current cycle)

Cycle day

1

2

No symptoms tagged

Adding tags can help you identify patterns throughout your cycle.

May 21 - Jun 8

Cycle day

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

No symptoms tagged

Adding tags can help you identify patterns throughout your cycle.

Apr 28 - May 20

Cycle day

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

Sick