

Lab ID **894203643**

DOB **08/10/1949 (75 Yrs FEMALE)**

Referrer **Ms Suzanne Ellis**

Your ref. .

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Copy to Email Patient Copy (0298555336)

Requested 16/06/2025

Clinical Notes NO HISTORY FASTING 12 HOURS RX NIL MEDS

Collected 16/06/2025 09:45

Received 16/06/2025 09:52

25-OH Vitamin D

Test Name	Result	Units	Reference Interval
● Vitamin D	49 L	nmol/L	50 - 140

Comments

Consistent with mild Vitamin D deficiency.
Due to the prolonged half-life of 25-OH Vitamin D, reassessment of Vitamin D status should not be undertaken until at least 3 to 4 months after implementing supplementation or changing the dose of replacement therapy. According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):686-687, 2012, Vitamin D status is defined as:

Mild Deficiency	30	-	49 nmol/L
Moderate Deficiency	12.5	-	29 nmol/L
Severe Deficiency	<12.5		nmol/L

Vitamin D adequacy can be defined as a level >49 nmol/L at the end of winter - the level may need to be 10 - 20 nmol/L higher at the end of summer, to allow for seasonal decrease.
From 1st November 2014, Medicare rebates for vitamin D testing will apply to patients at risk of Vitamin D deficiency such as chronic lack of sun exposure.

NATA ACCREDITATION NO 2178

Reported on 17-Jun-25 00:55

Heavy Metals

Serum Copper	20	umol/L	12 - 22
Serum Zinc	11	umol/L	10 - 18

NATA ACCREDITATION NO 2178

Reported on 19-Jun-25 18:07

Homocysteine

Homocysteine	9.0	umol/L	5.0 - 12.0
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NATA ACCREDITATION NO 2178

Reported on 16-Jun-25 21:55