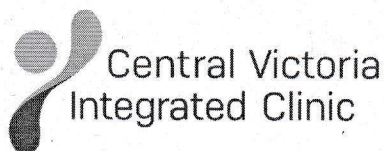


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04/05/2025

Dr Kirby Jefferies
Goldfields Medical Group
38 & 64 Lyttleton Street
CASTLEMAINE VIC 3450

Dear Kirby,

RE: Mrs Deanna Buck DOB: 27/10/1943
PO Box 426, MALDON VIC 3463 Mob: 0433 335 845 Ph:

Thank you for your ongoing care of Deanna, who came for discussion around shoulder pathology and options for management. I discussed with Deanna that cuff tears and subacromial narrowing occur in all patients with age, with 80% of patients having cuff tears by age 80. A degree of shoulder pain in older age is also present in 30% of patients per year and management with analgesics, physiotherapy and injection can be tried.

Deanna has on examination pain over her right ACJ as well as mild biceps long head pain and impingement. She could have an ACJ injection as well as intra-articular or bursal injection to help settle symptoms. Gym programs should avoid heavy pushing (bench press or shoulder press) to prevent impingement and loading shoulder pain.

Deanne will start with injection and contact if she would like an MRI to consider a surgical solution. She is not keen on surgery currently.

Kind Regards,

Electronically Signed by:

Mr Glenn Boyce