

DAHLSTROM, VERA

For Surgery Use ☐ Urgent ☐ Ring Patient ☐ Make Appointment ☐ Note in Chart ☐ File ☐

Patient	KELLY, ROBERT	UR No.	
Patient Address	2 DIAMANTINA GARDENS WINTON QLD 4735		
Sex	M	Age	79 years
		DOB	23/12/1945
Report For	DAHLSTROM, VERA		
Ref. by/copy to	DAHLSTROM, VERA		
	Requested	20/06/2025	
	Collected	20/06/2025	09:04 AM
	Reported	07/07/2025	07:36 AM

- Whole Blood Vitamin B6 13 ug/L (> 14)  
(as Pyridoxal-5-phosphate)

Note: As vitamin B6 is found predominantly within the red blood cells, patients with anaemia may misleadingly have mildly low results.

Due to an unprecedented increase in demand for vitamin testing (and in particular vitamin B6 following on from recent media reports of adverse outcomes), our turnaround time for vitamin tests has increased markedly.  
I apologise that it may take up to a month for reports to be returned for the foreseeable future.

Charles Appleton

Pathology Report

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## CUMULATIVE VITAMIN B12 AND FOLATE ASSAYS

Date	20/06/25
Time	09:04
Lab No	92168535

Active B12	66 pmol/L	(> 35)
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**Comment:**  
92168535

Holo TC Assay:  
No current vitamin B12 deficiency.

Methodology:  
B12 and Active B12 (HoloTC) assays performed on Siemens Atellica analyser.

For Doctor clinical enquiries, please contact Dr Peter Davidson 07 3121 4444.  
Patients should contact their referring doctor in regard to this result.

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Serum Zinc 10 umol/L (10-25)

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## CUMULATIVE SERUM HIGH SENSITIVITY C-REACTIVE PROTEIN (CRP)

Date	20/06/25
Time	09:04
Lab No	92168535

CRP 4.6 mg/L (0.0-6.0)

C-reactive protein (CRP) is a non-specific indicator of tissue damage. Common causes of markedly increased CRP include infection, trauma, myocardial infarction, malignancy and inflammation.

In apparently healthy men and women who have an intermediate risk of cardiovascular disease, as assessed by major risk factors, CRP can identify a higher risk subgroup with CRP > 3 mg/L.

Range(mg/L)	Risk Estimate
Up to 1.0	Low
1.0 to 3.0	Average
3.1 to 10.0	High
Over 10.0	Assess for acute inflammation

In known, stable, coronary disease a CRP > 1 mg/L has shown increased risk.

Reference: Circulation 2003;107:499-511 & 2007;115:1528-1536

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CUMULATIVE TRACE ELEMENTS

Date 20/06/25  
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Lab No 92168535  
  
Magnesium 0.8 mmol/L (0.7-1.1)

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## CUMULATIVE LIPID RISK REPORT

Date 20/06/25  
 Time 09:04  
 Lab No 92168535  
 FASTING

Total Cholesterol 3.3 mmol/L (below 4.0)  
 Triglycerides 1.1 mmol/L (below 2.0)  
 Target if HIGH RISK

## CHOLESTEROL FRACTIONS

HDL 1.17 mmol/L (above 1.0)  
 LDL (calculated)\* 1.63 mmol/L (below 2.5)  
 Non-HDL cholesterol\* 2.13 mmol/L (below 3.3)  
 Total/HDL ratio\*\* 2.8

\* Secondary prevention LDL and non-HDL cholesterol targets are lower.

\*\* The ratio is for use with the cardiovascular risk calculator.

Web-search: "Australian cardiovascular risk calculator"

92168535 Treatment is recommended if clinically indicated or if calculated risk exceeds 15% absolute risk of CVD events over 5 years.

NVDPA 2012 Target ranges refer to HIGH RISK PATIENTS.

As of 7/3/22 LDL will no longer be measured routinely. LDL results will be calculated, in accordance with National harmonisation.

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CUMULATIVE SERUM BIOCHEMISTRY

Date	20/06/25	
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Lab No	92168535	
	FASTING	FASTING
Sodium	139 mmol/L	(137-147)
Potass.	4.8 mmol/L	(3.5-5.0)
Chloride	103 mmol/L	(96-109)
Bicarb	28 mmol/L	(25-33)
An.Gap	13 mmol/L	(4-17)
Gluc	5.1 mmol/L	(3.0-6.0)
Urea	5.3 mmol/L	(3.0-8.5)
Creat	74 umol/L	(60-140)
eGFR	83 mL/min	(over 59)
Urate	0.39 mmol/L	(0.12-0.45)
T.Bili	20 umol/L	(2-20)
Alk.P	73 U/L	(30-115)
GGT	26 U/L	(0-70)
ALT	17 U/L	(0-45)
AST	18 U/L	(0-41)
LD	238 U/L	(80-250)
Calcium	2.53 mmol/L	(2.15-2.60)
Corr.Ca	2.64 mmol/L	(2.15-2.60)
Phos	1.0 mmol/L	(0.8-1.5)
T.Prot	64 g/L	(60-82)
Alb	39 g/L	(35-50)
Glob	25 g/L	(20-40)
Chol	3.3 mmol/L	(3.6-7.3)
Trig	1.1 mmol/L	(0.3-2.2)
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CUMULATIVE SERUM HOMOCYSTEINE

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Homocysteine + 24.4 umol/L (0.0-15.0)

92168535 This raised homocysteine concentration may be associated with an independent elevation of risk of vascular disease.

With this degree of elevation, the heterozygous state for a defect of transsulphuration (leading to raised homocysteine levels) is likely. However the elevation may be seen with renal impairment or a suboptimal dietary intake of folate or B12 or vitamin B6 (pyridoxine). Review of renal function or a four week trial of a multivitamin supplement may assist clarifying this.

Homocysteine Related Risk

Plasma level (umol/L)	Risk Average
Below 9.0	No increase
9.0 - 14.9	x 2
15.0 - 19.9	x 3
20.0 or greater	x 4.5

Risks approximated from New Eng J Med 1997 (337:230-236)

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